

The College of Saint Rose



Take a Stand

By KATE PIERCE
Executive Editor

Claim our bodies, claim our right - take a stand, take back the night.

This chant was heard loud and clear in Washington Park at an event aimed to combat sexual assault and support survivors.

"Take Back the Night is a great way to support survivors

and let them know that they are not alone," said Marella Whipple, a freshman. "It is really an inspiring event, and the work and effort of the people that put it together should not go unnoticed."

Saint Rose was among eight colleges and universities in the Albany area to participate in the awareness raising event. Around 30 students and members of the campus community attended

and participated in Take Back the Night.

"You have to be there for your friends," said Daniel McCoy, Albany County Executive. "You're the ones carrying this message out into the community."

The program on April 19 featured Saint Rose students, Conor Walsh provided music, the Artistic Choice Dance Col-

lective performed, and a student sexual assault survivor spoke during the rally.

"I can't imagine what kind of courage it takes to stand up in front of a crowd of people and relay such traumatic experiences," said Whipple. "But hearing these experiences allows for a conversation to happen, it al-

SEE STAND/A4

JED Award Nominee

By BRIANA SPINA
News Editor

For the first time, Saint Rose students were eligible to be nominated for The Jed Foundation's (JED) Student Voice of Mental Health Award. The College recently joined JED Campus, a nationwide branch of JED that hones in on specific issues that college students face. Alan Martell, the Director of Counseling and Psychological Services on campus, nominated student Sam Viola for this award.

"Samantha Viola stood out based on her efforts to bring a new program, P.S. I Love You, to campus, which highlights students' depression and brings attention to suicidal behavior," Martell said.

P.S. I Love You has made itself visible on campus with events like selling Kindness Grams, Open Mic Night, and the P.S. I Love You Day carnival. The club also wrote sweet and inspiring messages of support on sticky notes and pasted them all throughout campus. Most recently, Viola and her club created space for members of the Saint Rose community to grieve the loss of Julia White, a freshman student.

When Viola got the idea, Martell "[met] with Sam as she was preparing to bring P.S. I Love You to campus and assisted in advertising her events and seeking donations from local businesses to give away as raffle prizes." He was happy to support her "efforts in being student voice of change for mental health issues on campus."

This is why Martell saw Viola as a great nominee for the JED Student Voice award. According to the JED website, the award criteria also includes not only raising awareness, but also "reducing prejudice

around mental illness and encouraging help-seeking among their peers." JED seeks to recognize the students who are tackling challenge, and the winner will receive a \$3,000 cash scholarship, recognition on its website, and trip to New York to accept the award at JED's Annual Gala.

The organization's mission statement reads, "JED exists to protect emotional health and prevent suicide for our nation's teens and young adults." Martell recognized Sam as a student who fulfills that and more.

"I am proud of our student nominee for this award," he said. "Whether she wins or not, she is making a positive change to our college for our students, and she has my support and gratitude."

Martell went on to express his appreciation for every student across the country who was nominated. Starting the conversation about mental health is the vital first step to emotional well-being.

"Bringing positive attention to the issue of mental health to college students has the effect of de-stigmatizing the issues and making it easier for students to reach out for help, whereas they may otherwise choose to keep their issues to themselves without seeking help," he said.

You Have a Friend in Me

Best Buddies Friendship Walk

By KATE PIERCE
Executive Editor

Over a thousand people made strides to promote inclusion at the Best Buddies Friendship walk at Crossgates Mall. Among the crowd were students from the chapter based at Saint Rose.

"It's really amazing to see everyone come together and the energy in the building is crazy," said Kennedy Connor, treasurer of Best Buddies. "People have been anticipating this event for months and it's nice to see people get excited about a great cause."

Best Buddies is an international organization that promotes friendship including people who have intellectual and developmental disabilities. The Saint Rose chapter has around 60 members, and many attended the walk on April 22.

"The best part about the walk is hanging out and talking and listening to music," said Michael Nireshan Thampoe, a buddy member of the club.

The opening act of the walk featured Marlana VanHoose singing the National Anthem. VanHoose has performed all around the country and is an advocate for Best Buddies as she is blind, was born with Cytomegalovirus and diagnosed with mild cerebral palsy when she was two.

"Best Buddies has taught me so much, not only about myself, but about other people," said Olivia Brooker, a peer member of the club. "We are more alike than we are different, and I think that's something everyone should learn."

The Friendship Walk is an opportunity for chapters from around the Albany region to come together and raise money for other clubs to be created. In total, the Saint Rose chapter raised over \$1,600 and received an award for being one of the top fundraisers.

"We're trying to create the possibility for chapters like ours to be created all over the world," said Amanda Schafer, president of the Saint Rose chapter.

Only five percent of the funds raised from Friendship Walks covers administrative costs, leaving the overwhelming majority of funds to be spent creating inclusive programs worldwide. Schafer believes that the transparency of the national organization concerning how the money raised from the event is spent is unparalleled among similar fundraising organizations.

"When you bring people together for a positive reason it makes change," said Nicole Birch the Albany regional direc-

SEE FRIEND/A4

A Community in Mourning

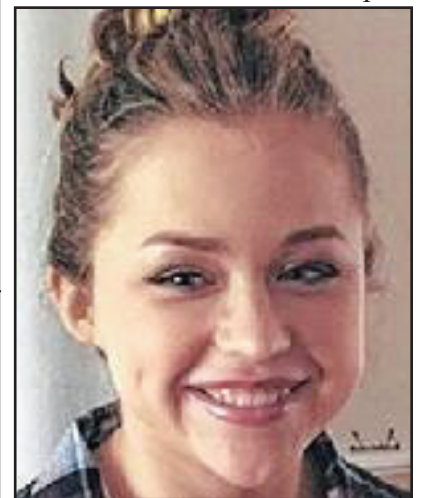
Remembering the Life of Julia White

By ELIZABETH VALENTIN
Arts Editor
and
KYLE PRATT
Managing Editor

The College of Saint Rose campus received the heartbreaking news that Julia White, a freshman, had passed away on Monday, April 16, .

"It is with a heavy heart that I must inform you of the passing of one of our students," President Stefanco said in an email to students, "Our hearts are broken with the news of this loss."

This passing left the school's community mourning her while trying to find ways to remember her. Those who knew White per-



Julia White was studying to be a music teacher.

sonally have been having a particularly difficult week since the announcement was made.

White was a member of The Geeks of the Round Table, known as "Geeks," the College's board and video game club.

"We at Geeks mourn the loss of one of our own," said Nikos Assimakopoulos, president of Geeks, "Her witty responses in debates, passionate participation in the games we all knew so well, were always welcome."

The club considered White a member of their family, and said she liked to talk about anime and was "a skilled player at many games."

White's attendance was low in the Spring semester, but club members were always happy to see her when she arrived.

"We've lost a member of our family," Assimakopoulos said.

Club members will be taking time at every meeting for the rest of the semester to remember White.

"I, along with the rest of the club, send out my regards to her family, and extend open arms to anyone who needs support in this tragedy," Assimakopoulos said.

Another person who knew White personally was Shannon Crotty, who was also involved with Identity. Crotty spoke about White and mentioned the smiles that they would exchange with one another every Wednesday as they passed one another.

"Her smile was more in her eyes than in her mouth," said Crotty. "She had a personality and a smile that would warm your heart."

One of Crotty's favorite memories of White was when

SEE JULIA/A4



Members of Best Buddies and the Men's Soccer Team at the Friendship Walk

In Memory of Julia White

By **BRIANA SPINA**
News Editor

Members of the Saint Rose community gathered for a memorial at the Interfaith Sanctuary on the evening of Monday, April 16—the day it was discovered that freshman student Julia White had passed away. The space was overflowing with people: all of the chairs were taken, several sat on the floor, and still others could only stand in the back. That is a testament to the unity and support present on our campus.

President Carolyn Stefano was the first to speak. She acknowledged that “we are shocked...hurting...confused” and encouraged the mourners to honor their grief instead of swallowing it.

“I implore you to reach out rather than shut down,” she said. “I am here to support you.”

Stefano also reminded the audience that they are not alone; they are “part of a community in mourning.” On behalf of herself and her husband, she extended an open invitation for students to talk and approach with “anything they need.”

Many other groups on campus extended similar offers. The counseling center’s doors are wide open for anyone experiencing this loss deeply. P.S. I Love You held a special meeting to provide students with a space to have an open dialogue, emphasizing how important it is to talk about it. Similarly, Identity scheduled space outside of its regular meeting time to comfort anyone, as Julia was a member of the club. The Interfaith Sanctuary is available for support and spiritual grounding and reflection.

Before the memorial ceremony commenced, Joan Horgan, the Director of Campus Ministry, acknowledged the di-



A memorial was held in the sanctuary for Julia White, a freshman who passed away in an on campus residence hall on April 16.

versity of beliefs present in the Sanctuary that evening, and the diverse ways in which those faiths, or lack thereof, address loss. She urged people, “be gentle with it, and take what is speaking to your heart.”

The service began with a song, “Prayer for Peace,” and an opening prayer, followed by these readings: “On Tears” by Lucy Smith, “Prayer on the Death of a Child” by Gretchen Thompson, “A Parable of Immortality” by Henry VanDyke, and “Kindness” by Naomi Shihab.

In Thompson’s piece, it reads “We would beg You now for consolation, but can only speak the one lonely word: Why?... Help us to fathom the unfathomable; to offer comfort to others out of our own deep woundedness; to release our suffering in ways that will not continue the pain; to recognize and embrace kindness in the midst of cruelty; to find hope in the midst of over-

whelming doubt...”

Together, the mourners read a response printed on the program called “Who We Really Are” from the Terma Collective. A particularly relevant part was “May guilt not rise up to form yet another wall.../ May we endure. May sorrow bond us and not separate us.”

After the readings were finished, Horgan returned to the podium with her own wisdom on the matter. She talked about how a tragedy like this evokes “powerful words that shake us” and how we tend to want to hide from these painful parts, but the reality is that these words will not disappear if we do not address them.

Using a metaphor of two roads appearing in front of oneself, Horgan discussed what happens after “our hearts are crushed and our lives are broken in half.” The first road is the road of protective apathy—not caring so as to preserve one’s own attitudes and

feelings. The second is the road of love. She explained that this latter road is “where we take this moment and think ‘Can this make me more kind?’” Tragedy has a way of making us pause and reflect, and the path of love, Horgan said, will let us “say the things to loved ones which we often forget to say” and to “let go” of negative past events to live in the present.

“I need to not waste my life,” she said. “We get to wake up knowing we can bring love somewhere.”

The closing prayer was from Saint John of the Cross. It discussed how all of us must cross the river of suffering, and we are able to do so with the boat of love. After this, the mourners joined their voices to sing “Amazing Grace.”

Love and unity is vital to the healing process, and to get the positivity flowing, the mourners were invited to write condolences and memories

of Julia on index cards. There was a bowl atop the altar where people could place their cards to be given to Julia’s family. The altar also bore Julia’s portrait surrounded by flowers, candles, and a cross-stitch piece with a Christian proverb called “Footprints.”

Once the audience settled back in their places, Horgan announced that the Sanctuary will continue collecting messages of love for Julia’s family all throughout the week. She closed by saying “life is unending because love is undying.”

The audience sat in solemn, unmoving silence for a lengthy period of time after that. When the room stirred, nearly everyone there came to someone’s side or had someone who came to their side. They cried together and embraced each other—a touching reminder that the Saint Rose campus is a tightly-knit community of compassionate souls.

Civil Service Tests Could Soon be Free for Some

By **KYLE PRATT**
Managing Editor

The 10th Ward’s new Council-member is making “waives.”

Owusu Anane, who took office in January, is proposing a bill in the Common Council that would waive civil service test fees for veterans and recent high school grads in Albany. He hopes the legislation will create public-sector opportunities for the two groups, and increase the number of talented

applicants.

“It’s a great way to welcome veterans back and to launch our students into the workforce,” Anane said.

He was inspired, he said, when he told one of his student athletes about job opportunities with the city, and the student said he couldn’t afford the fee.

“I could not stand here and watch a talented student get turned away from a great opportunity simply because he couldn’t afford a civil service

exam fee,” Anane said.

Anane expects the legislation to pass, and said the vote will most likely take place at the May 7 Common Council meeting.

“As an educator, I want all of our children to be afforded an equal opportunity to succeed, regardless of the ability to pay,” he said, “This proposed legislation is just one way that our city can strive towards this goal, and I am proud to be introducing it to the Common Council.”



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ANY student can join The Saint Rose Chronicle!

The Chronicle is published weekly on Tuesdays during the academic year and once during the summer months. It is printed at the facilities of New England Newspapers in Pittsfield, M.A.

Official E-mail Address
Chronicle@strose.edu

Mailing Address
The Saint Rose Chronicle
432 Western Avenue
Albany, NY 12203

Meetings
Meetings are held every Monday at 2:30 p.m. in Hearst 121.

Submissions
All articles, advertisements, and Letters to the Editor are due by midnight the Friday prior to publication.

Advertising
All advertising inquiries should be sent to Tiernan Foley atfoleyt964@strose.edu

Policies
The Chronicle accepts Letters to the Editor from any party. We recommend that submissions not exceed 1000 words. Letters, columns, and cartoons published in this newspaper represent the opinion of the author, not necessarily that of The Chronicle.

"Trifecta" Weekend Lineup

What's the surefire way to know that the end of the spring semester is near? Trifecta Weekend! Three of the biggest events at Saint Rose are happening this weekend from Thursday through Saturday.

The weekend kicks off with Identity's annual Drag Show on Thursday, April 26. This year's theme is Mardi Gay, and the night will be hosted by queens Noelle Diamond and Jacqueline Frost. The Drag Show is free and open to all students.

There will be a candy buffet, raffles, and a photobooth. Students will also have the opportunity to buy merchandise from Identity as well as the Drag Show's hosts. Doors open at 7 p.m. and the show starts at 8 p.m., though the crowd gathers at the door as early as 6:30 p.m. to ensure

that they get a seat.

The stilettos will have to be swapped out for a solid pair of sneakers the next day when the campus gears up for Relay for Life. Sponsored by Colleges Against Cancer (CAC), the event will last a full 12 hours, from Friday, April 27 at 2 p.m. to Saturday, April 28 at 2 a.m. CAC made the theme "One Wish, Two Wish, You Wish, I Wish for a Cure!" which is a play on a Dr. Seuss rhyme. Certain laps have designated themes, and past lap themes include the caregiver lap, lei lap, and chicken wing lap. Themes have also been given to the teams. Each group will be tabling at the event and is themed after a Dr. Seuss book.

Students should sign up and join one of the relay teams to walk with on the quad. Various clubs and residence halls

have formed teams for members to join as well. The sign up is online on the Relay for Life website. Search for the College of Saint Rose by zip code and follow the steps to join. Our fundraising goal this year is \$19,000, and the current amount raised is a little over the halfway mark.

The jam-packed weekend culminates in the all-day Rose Rock music event. Mark Manning & TSB, the winner of Fantasy Fest, will perform, as well as Clear Mind, an Albany-based rapper. Headlining the event is the students' choice, electronic music duo 3OH!3. Grab your sunglasses and volleyballs because this year, Rose Rock is beach themed. Be on the quad on Saturday, April 28 for not just the music, but also the games and free food for all Saint Rose students.

In Brief

What's happening in the community

Women and Leadership Lecture

For this year's William Randolph Hearst Lecture on Thursday, April 26, the theme is "Women and Leadership: Equipping the Next Generation for Success." The panel is comprised of all women, and it will be moderated by Saint Rose's President Stefano. This event is free and open to the public, and it was made possible with the help of George R. Hearst III, President and CEO of the "Times Union."

The three panelists all hold high leadership positions within their institutions. Denise Gonick is the President and CEO of MVP Healthcare,

which is a non-profit organization that serves New York and Vermont. From the Rensselaer Polytechnic Institute, which is oldest technological research university in the country, President Shirley Ann Jackson, Ph.D. will also join the panel. Saint Rose Alum Elizabeth Miller will also be in attendance. She is the President of Miller Mechanical, which is a waterjet cutting, metal fabrication, and paper industry.

The presentation will begin at 5:30 p.m. in the Carl E. Touhey forum in the Lally School of Education building, followed by a question and answer session.

Translating Success

The World Languages and Cultures department will welcome acclaimed translator Chris Durban on Wednesday, April 25. She will be speaking to Professor Claire Ziamandani's Spanish 326 class.

Durban grew up in Voorheesville, but went to university in France. Her career started out when she got a job as a financial translator. Through her years in that job, she networked and made several valuable connections in the field. This allowed her to become an in-house private translator and part-time freelance translator.

Durban eventually set up her own translating firm, and she remarks that she likes it much better than working underneath someone else.

The skills and methods Durban used to further her career and gain notoriety are included in her book, "The Prosperous Translator." It is seen as a must-have for aspiring translators, such as the students in Ziamandani's class. She will share with them how she handles her demanding workload and what business tactics have helped her career progress.

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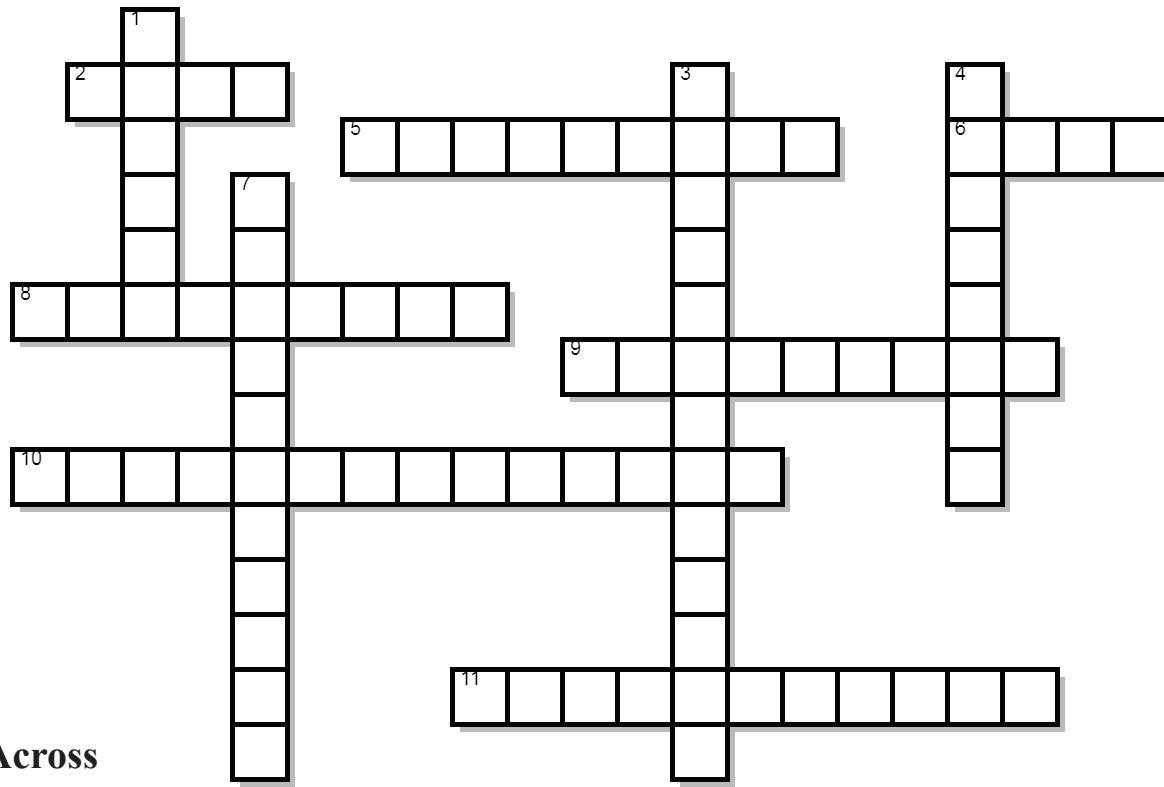
Game Corner

Take a break to solve some puzzles!

Answers posted online at strosechronicle.com

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	4				7			5
		9	8		5	1	2	
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Plant Friends



Across

2. In 17th century Holland, tulips were more valuable than this precious metal.
5. This ancient African culture valued the lotus flower because they associated it with the return of water and eternal life.
6. What is the New York State flower?
8. This yellow flower emits a substance that kills other plants surrounding it.
9. This plant is often considered a weed, but its flowers and leaves are nutrient-rich and used in soups and teas.
10. What is the process by which flowers convert sunlight into energy?
11. Yarrow was used during this war to heal soldiers wounds and is still used as a healing agent today.

Down

1. Bees carry this substance from flower to flower, which helps the process of plant fertilization.
3. Plants absorb _____ and release oxygen.
4. This green veggie is technically a flower.
7. What pigment makes plant leaves green?

JULIA cont.

they were able to celebrate White's birthday at an Identity meeting. Crotty says that it was something special "because she shared her birthday with me."

"I feel like I should have known her more," she said. "I wish we could have talked more than just on Wednesdays."

Before White's name was released, people were left confused. Brian Rowe, a junior, is an RA in Lima Hall. He explained that the initial reaction people had was fear, which was especially prominent in Lima Hall, which is a housing option for first year students.

"People weren't sure what happened, who it was. People were scared. They weren't sure if it was someone they usually see in the halls," he said.

Once her name was announced, the campus came together for a memorial to honor White that evening in the Interfaith Sanctuary, where more people were present than there were seats.

"Spiritual Life did an awesome job at making it tangible, to show how much of an impact she made on our campus community," said Rowe.

White and Row both lived in the same building, and they were also in the clarinet choir together.

Rowe recalled meeting White during the first week of classes at the music department's ensemble auditions. He remembered White being the only new person in the room before the auditions.

"I introduced myself, said 'Hi, my name's Brian. It's nice to meet you' and she said the same." She explained that she was nervous, and he gave her advice because he had gone through this process of six semesters already.

"It was a great way to meet her," he said.

Rowe also recalled how humble and down to earth White was.

"She would always say great things about other people's music, but always downplayed her own ability."

When speaking with Professor Lenore Snow, she told Rowe that she was just starting to see White become more comfortable at school.

While the people who knew White have been going through mourning on a more personal level, the campus has shown

support for one another.

President of the Youth Education Association (YEA), Nicholas Rivera, felt that there was something he should do, despite not knowing White personally.

After hearing about the tragedy, Rivera sent out an email to members of YEA, in which he explained that there are support systems available for people who might be going through a particularly difficult time.

Rivera also commented on the high levels of support that member of the Saint Rose campus have been providing for one another.

"I love what the school is doing. I love that they're putting the effort to show everyone that she wasn't alone," he said.

He explained that we need to continue to support one another as we move forward. He takes this beyond support within the Saint Rose campus.

"As a Saint Rose community, we need to keep supporting," Rivera said.

Rowe advised that people who are going through a difficult time should always talk to someone they trust.

"Don't keep things in the confines of your own brain," Rowe said. He also recommends



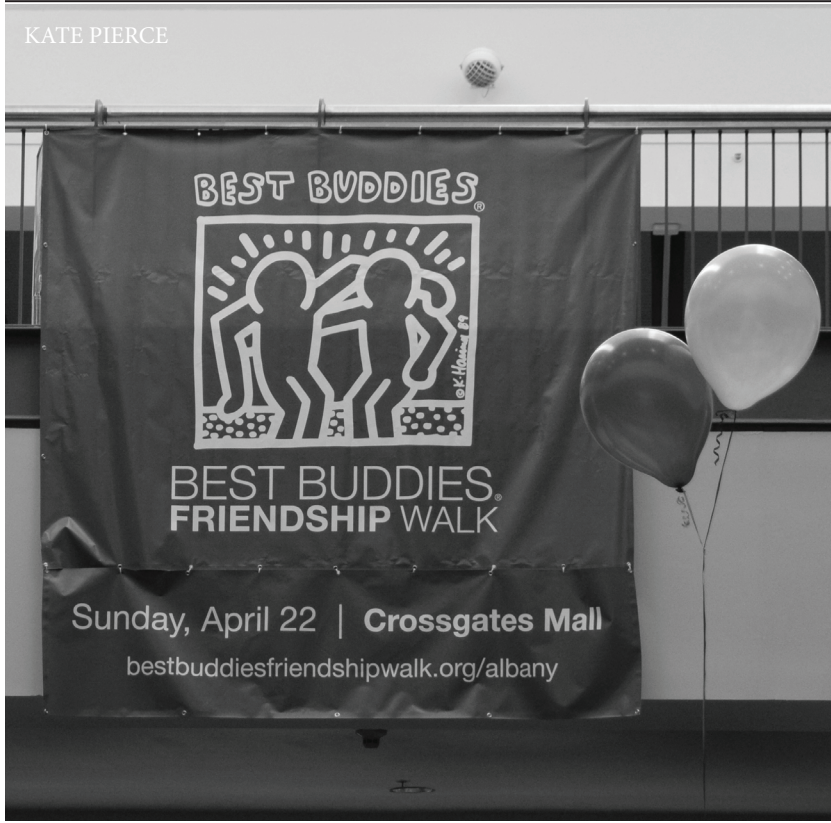
Julia White was a member of Identity and "Geeks."

that students become and stay aware of who on campus are confidential sources. RAs, professors, and college faculty are mandated reporters if someone says something that provides a reason to believe there is a risk of danger to anyone.

The counseling center and spiritual life staff are confidential sources who are also available for students.

There is also support simply within the community that exists at Saint Rose. That has become particularly evident in the way that people have come together during this tragic time.

"To see the amount of pure goodness and community that I've been able to see, it's a testament to the Saint Rose community," said Rowe.



Saint Rose received an award for being a top fundraiser

FRIEND cont.

tor of Best Buddies.

Around 1,200 people attended the event and walked to promote inclusion. Joining the Saint Rose club were members of the men's soccer team.

"We're very big with community engagement," said John Ciano, head men's soccer coach. "An important part of the college experience is being a part of the community and giving back."

The team has been supported at games by members of Best Buddies, and the players decided to give support back.

"The buddies really look up

to the soccer team, so I think that it means a lot to the buddies for them to participate," said Olivia Brooker, a peer member of the club."For the soccer team, I think they get to see how much they mean to the buddies."

Best Buddies was shown how much they mean to the campus community as the recipient of the Club of the Year Award from the Student Association.

"Everyone has something different to bring and Best Buddies allows students of all kinds to come together and share these differences," said Connor. "Everybody deserves the opportunity to make friends and share

those differences."

It hasn't been an easy journey to where the club is today. When Schafer took over as president of the club, she was the only executive board member She had to bring together a team of students to build the club up to have such a solid foundation.

"I've been really proud of the Saint Rose officers for their ability to demonstrate leadership among members and in the Saint Rose community," Nikolas Delsignore, program manager for schools in the Albany area.

Best Buddies hosts programs so students can be partnered up in "buddy pairs" and have fun.

"We've given opportunities for the buddies to put themselves out there and be included," said Schafer."We can make them feel included, but they aren't always actually included."

As students with intellectual or developmental disabilities, it can be difficult to become a part of a college campus community. Some students are afraid they won't be accepted, or their routines might stand in the way Best Buddies serves to bridge the gap between the traditional college experience and what it could be.

"I'm a part of Best Buddies to spread unconditional friendship for all people," said Megan Lachapelle, secretary of the club

Any club, team, or on campus organization is open to col-

laborate with Best Buddies, as they are hoping to bring in even more membership from current and incoming students.

"Students in Best Buddies are college students," said Schafer. "Working with us really opens your eyes to more of the campus community"

While the club has accomplished many feats this year and hopes to continue the momentum into next year, Schafer holds interesting hopes for the organization looking father down the line.

"Our goal is to run ourselves out of business," said Schafer. "We hope that one day inclusion isn't something that will need to be promoted anymore."

Currently, Best Buddies hosts chapters at every age level, from elementary school, through colleges like Saint Rose, and into adulthood with a Citizens Program.

"You can be involved for your entire life," said Birch. "That's something that's really unique about Best Buddies."

Going to class and having fun are two goals for college students of all abilities, and bringing them together is the specialty of Best Buddies at Saint Rose.

"By joining Best Buddies you are gaining a forever friendship between you and your buddy," said Brooker. "I've made some of my best friends through this club and I highly recommend everyone to join."

STAND cont.

lows for us to make changes to how we act as people and encourage others to do the same."

Out of respect and privacy, the organizers ask that no photos or video be taken of the survivors when they spoke, and they would only be identified by a first name.

"I hear you, I see you, and I will always believe you," said the second survivor speaker, Hayley.

"The past year has seen an incredible and inspiring movement," said Rachel Wilson, prevention educator at the Albany County Crime Victim and Sexual Violence Center.

The #MeToo movement started a national discussion about issues of sexual assault. Part of the conversation was how catcalling and unwanted advances are part of social culture that supports and sustains sexual harassment.

In the week preceding the Take Back the Night, promotional events were held on campus to raise awareness. Students could pin teal ribbons on a wreath if they knew someone who was a victim of rape or sexual assault

Handwritten notes supporting survivors were given to Albany County Crime Victim and Sexual Violence Center. Some were available for attendees to take what they needed at the event, and some will be used in grounding kits for the victims that utilize the center's services

Marching through the streets of downtown Albany, chanting and carrying signs, and holding candlelight vigils are a few of the events at the event aimed to promote change in the day to day interactions and stigma surrounding sexual assault.

"Sexual assault isn't openly talked about on college campuses in general," said Whipple. "There should be more open discussions on campus, more events and more awareness of this issue and many others. There will never be enough discussion until things start to change."

The College of Saint Rose

**CAREER CENTER
UPCOMING EVENTS**

Resume/Cover Letter Collection

Monday, April 23
Living Resources: College Experience Program

Living Resources: College Experience Program is hiring for part- and full-time Tutors, Education Assistants, and Life Skills Instructors.

Tuesday, April 24
State Employee Federal Credit Union (SEFCU)

SEFCU is hiring for part- and full-time Tellers and Call Center Representatives. As availabilities occur SEFCU may recruit for opportunities in Information Technology, Insurance, Mortgage Services, and Financial Planning.

Wednesday, April 25
Glenmont Job Corps

Glenmont Job Corps is recruiting for Academic Counselor, Social Service, Human Service, and Security positions.

Thursday, April 26
Empire Acquisition Team

Empire Acquisition Team seeks to speak with Saint Rose students and alumni about Internships in Management, Communications, and Sales, as well as Entry Level Account Managers.

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Events & Athletics Center | Main Lounge (outside Starbucks)

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“Jane the Virgin” is Full of Surprises

By ELIZABETH VALENTIN
Arts Editor

Season four of “Jane the Virgin” is so shocking for so many reasons. This season, we follow Jane through more than one love story. We follow Alba on her journey to obtain citizenship. And we follow Xiomara through the most difficult and heartbreaking subplot of the entire season, but in attempt to avoid spoilers, let’s leave that part mostly unspoken of.

The final episode of the season is so full of surprises. The episode picks up when Rafael and Jane are on a high in their relationship. Things seem as perfect as ever for the couple, who started their love story in the most unconventional way when Jane was accidentally inseminated and had his child. This perceived perfection becomes questionable when Rose (A.K.A. Sin Rostro) calls Rafael and harasses him to meet with her, saying

that she knows information that will change his life.

Rafael refuses to meet with Rose and decides to continue the positive course that his life is taking by asking Jane’s family for their blessing to propose to her. While this is super exciting, when Rafael eventually decides to meet with Rose, things change and something that she told him makes him hesitant to propose. We find out why eventually, but that’s one of the surprises.

In other positive news, Alba is finally a U.S. citizen and her family throws her a surprise party to celebrate the occasion. While at the party, Alba makes a speech, in which she references the unofficial motto of the U.S., “E pluribus unum,” which translates to “out of one, many.” In her speech, she powerfully explains that all of the people there are the many and that they are all one because she considers each of them to be family, even if they are not her blood.

Another plot line in this episode follows Petra and J.R. Petra was being investigated for her sister’s murder, and J.R. was representing her in the case. Ultimately, Petra is dismissed and J.R. was willing disbarred in the process. Oh, and now they’re in a relationship and in this episode we realize how serious it really is.

J.R. and Petra profess their love for one another, despite Petra’s hesitation because, as she explained to Rafael, she was waiting for waiting for it to take a turn for the worst, as things usually do for her. Not so shockingly, things do take a turn for the worst, but I’ll leave the reason why a surprise.

Also in this episode, there is a wedding, but that is also a surprise.

Two more surprises: Someone dies and someone who was presumed to be dead returns. We don’t find out who dies, but we do know that they are killed. We do know who comes back, but that’s the biggest surprise of all, so I’ll

leave that out.

So many surprises left me on the edge of my seat for the entire episode. It was suspected that someone would die, because what’s a “Jane the Virgin” season finale without a death or something equally as dramatic. With so many happy surprises throughout the episode, it became suspicious, which only heightened the thought that something big was coming. And boy, was that prediction true.

Fans took to all forms of social media to talk about their reactions to the episode’s ending. One twitter user, @ViancaPacheco said “How am I supposed to LIVE with this cliffhanger?”

Twitter user, e_alexjung said “Tonight’s #JanetheVirgin is another reminder that this is a perfect TV show.”

After fans reacted to the several surprises in the episode, members of the cast took to their social media as well.

Yael Grobglas, who plays Petra on the show, tweeted



Gina Rodriguez stars in “Jane the Virgin”

“We warned you this was a big one. Thanks for watching you wonderful peeps. #JanetheVirgin.”

What I will say to avoid the ultimate spoiler is that this season made me laugh uncontrollably, but also made me cry several times. By the very end of this season, I was so shocked that I didn’t have words. If that doesn’t explain how incredible this show is, I don’t know what will. This show is truly amazing and this season didn’t disappoint.

Now to wait until next fall for the new installments.

Why You Should Watch “A Handmaid’s Tale”

By MARK O’CALLAGHAN
Staff Writer

When Hulu premiered the first three episodes of “The Handmaid’s Tale” last year, the buzz around it was huge. I tried to watch it but the show felt too real with Donald Trump just winning the election and the environment around it. It wasn’t until December that I gave it another go and finally got invested in it. With the season two premiering soon, it’s the perfect time to catch up with season one.

“The Handmaid’s Tale” is set in the near future where pollution and STD’s have dramatically lowered the birth rate with panic around the world. Our government gets overthrown by a militant regime

called Gilead that forces a conservative state of affairs. All women have their basic rights stripped away and get divided into different classes. The most important to society are the handmaids that are tasked with trying to give birth.

Each handmaid lives with a commander that forcibly impregnates them. The series follows Offred (Elizabeth Moss) who recently became a handmaid and is trying to survive in this harsh society.

Let’s get this out of the world, this isn’t an easy show to watch. You can’t just casually watch it. They go to great lengths to show what kind of world this is. It’s a horrible sexist world where women are literal objects and have no rights. There are moments that are triggering like the “The

Ceremony” which is rape and how most of the women become like cattle.

While that’s scary alone, it feels even more frightening in our current times. What’s effective is the flashbacks that are from pre-Gilead days. This isn’t set decades ago but presumed to be just a couple of years ago. The downfall of our government and basic rights are shell shocking. The moment I stopped watching is the flashback involving a peaceful protest. In one second, the police open fire on a crowd as people look on to see freedom go away. It left me numb and cold but during my second watch, I noticed one big element I missed.

Along with the horror, there are moments of hope. They might not be big mo-

ments but when they appear, they’re powerful. As the season goes on, hope gets stronger as perseverance becomes one of the main themes. Offred and the other characters try to navigate through Gilead and not only hope for survival but freedom as well.

Besides being the biggest show last year, “The Handmaid’s Tale” has taken home many awards from directing to acting. The acting is top notch with every single actor bringing their A game. Elizabeth Moss deserves all of the attention she’s been getting. Seeing the restraint in her performance as her character can’t truly be herself in Gideon. Top that with the narration she gives, Offred has been one of the best new characters from last year.

Combine that with the

direction makes this show a compelling watch. It isn’t something where you could casually watch an episode every now and again, you need to immediately watch the next episode. The music and costume design really stand out to me. Everything is coordinate so beautifully including the actual Handmaid’s design. Even when you see the horror on screen, at least there’s some beauty in the actual scene.

While “The Handmaid’s Tale” can be very hard to watch, it’s very rewarding as the show was one of the best of 2017. Everything from the acting, costume design and direction really make this a great freshman season. Hulu will put out the first three episodes of season two on Wednesday, April 25.

“SNL” Not Returning Until May 5

By LAUREN KASZUBA
Staff Writer

NBC comedy sketch series “Saturday Night Live” is taking a two week break from live episodes, and frankly, they deserve it.

From Sam Rockwell dropping the f-bomb on national television to SZA’s spot-on performances, season 43 has been a whirlwind, to say the least. On April 21, NBC replayed Sam Rockwell’s episode featuring musical guest Halsey.

This was my second time seeing his episode and personally, nothing stood out to me greatly. It wasn’t my favorite episode of the season and unfortunately, I had a tough time watching it.

However, that doesn’t mean I didn’t enjoy Pete Davidson playing Lil Pump singing about Stanley Tucci. A parody of “Gucci Gang,” Davidson’s impression of Lil Pump is actually incredible. Sam Rockwell’s dance moves as Stanley Tucci in the music video can’t

be beat, either. I highly recommend this sketch if you need a good laugh.

One major thing I believe stood out to everyone was Rockwell’s use of the f-word on live, national television. During a sketch where Rockwell plays a science teacher on a mock PBS kids program, he uttered the word, leaving cast members Cecily Strong and Mikey Day surprised (they played it off well, however, and kept the sketch going). If this wasn’t bad enough, Weekend Update co-anchor Colin Hanks muttered “s---hole,” when they brought up a comment President Trump had made using that word.

“SNL” broadcasts live from coast-to-coast each night, meaning that some parts of the country heard the uncensored version of the show. The west coast feed of the show is delayed by a few seconds, thus the west coast feed was censored. The show airs during a safe harbor (a timeslot in television in which it is appropriate to broadcast programming aimed toward mature audiences) period in the Eastern and Central



Amy Schumer will host “Saturday Night Live” on May 12

time zones. Despite this, Rockwell’s comment would’ve been heard between 9:30 and 10:00 p.m. or 8:30 and 9:00 p.m. in the Mountain and Pacific time zones. This would potentially subject NBC affiliates in those local regions to FCC fines for indecency, had it not been censored.

It is unclear if FCC imposed any fines due to these two slips.

“SNL” has three episodes left for season 43, with Donald Glover/Childish Gambino tak-

ing over as host/musical guest on May 5. Amy Schumer hosts on May 12 with musical guest Kacey Musgraves and Tina Fey hosts on May 19 with musical guest Nicki Minaj.

Personally, I believe that this is a great lineup to end the season with. I look forward to all the episodes despite not being a huge Amy Schumer fan. It’s the end of the season, after all, and who knows what’s in store for audiences.

Here’s to hoping “SNL” can finish strong.



Donald Glover will host “Saturday Night Live” on May 5

Ariana Grande Releases “No Tears Left to Cry.” I’m Picking it Up

By ELIZABETH VALENTIN
Arts Editor

For the past few days Ariana Grande has been posting upside down photos and captions to all of her social media accounts. This started on April 17 when she posted a portion of a photo onto her Instagram with the upside down caption “no tears left to cry 4.20.”

On Friday, Grande released a new song and music video, which marked her official comeback since the Manchester bombing attack at her concert last May, which killed 23 people. This attack prompted her to put together the One Love Manchester concert and benefit to counteract the hate-

ful action that was taken the night of the bombing with love and to raise money for the victims and their families.

Many fans speculated that Grande’s new song would be a tribute to the victims of the attack, and while the song does not directly reference it, there are a few subtle elements in the video that appear to do so.

The entire video is disorienting as the rooms and world around her continue to spin as she walks on the floor, walls and ceiling. This likely represents the feeling of the world turning upside down in the days after the attack.

The video also includes a couple of shots where a rainbow briefly covers Grande’s face, which is likely a nod to

the song “Somewhere Over the Rainbow,” which she sang at the closing of the One Love Manchester show.

There is also a portion of the video in which Grande removes her face. While this is one of the stranger parts of the video, many think that this represents the mask she had to wear after the incident in Manchester because she had to act strong for everyone and was only allowed to cry and break down when she was alone.

With all of these subtle nods to the Manchester event, the lyrics are quite positive, as she sings “Right now I’m in a state of mind I wanna be in, like, all the time. Ain’t got no tears left to cry. So I’m picking it up, picking it up, I’m loving,

I’m living, I’m picking it up”

This is thought by many to represent the ways in which she has continued to live her life and move forward since the incident last May.

Despite moving forward, Grande has said that the victims will stay with her always. After the incident, a bee became a symbol of strength for Manchester. This prompted Grande and her team to get matching bee tattoos so that they would carry it with them wherever they went.

The video starts at night, but by the very end, the sun has risen, indicating the start of a new day. When this happens, Grande is sitting on the ground and singing towards the sky, as a bee flies past her.

This might be one of the more direct nods to the victims and the incident throughout the video.

Overall, this video is powerful once you are able to see the subtle details that reference the bombing. The song that accompanies the video is positive and upbeat. It is a fun song, generally speaking, which is not unprecedented for the pop singer.

There is no release date announced, or very much information at all for that matter, for Grande’s upcoming album. But if this video and song are any indication of what is to come, it appears that this will be a strong album, and possibly her most vulnerable. We’ll have to wait to see.

Ian Somerhalder to Star in Vampire Drama “V-Wars”

By MARK O’CALLAGHAN
Staff Writer

It looks like Ian Somerhalder is heading back to the vampire genre once again with the show “V-Wars.” The Hollywood Reporter broke the story that Netflix has ordered a straight to series drama based on the novel of the same name by John Maberry.

“V-Wars” will star Somerhalder as Dr. Luther Swan who discovers that a mysterious disease is turning people into vampire-like creatures. His best friend, Michael Fayne gets infected and starts to feed on humans. As the disease spreads, the divide between humans and vampires grow as different factions start to grow. Now, Dr. Swan is determined to try to find a cure while Fayne becomes the underground leader of the vampires.

“V-Wars” will be ten episodes long with Somerhalder as the main character. He’s the first actor to be announced for the show.

Somerhalder starred in the CW show, “The Vampire Diaries” from 2008 to 2016. He played the vampire Damon that started as a villain and developed into an anti-hero figure. The character was a fan favorite and is considered the fan favorite of the show.

While on the “The Vampire Diaries,” Somerhalder also directed a handful of episodes.

Brad Turner (known for “Human Cargo,” “24,” “Stargate” and “Stargate Atlantis”) will direct the pilot episode and executive produce. William Laurin and Glenn Davis will serve as showrunners. Eric Bimberg and Thomas Walden will executive produce for High Park, with David Ozer and Ted Adams for IDW Entertainment and James Gibb for Marada Pictures. “V-Wars” is produced by High Park in association with IDW.

IDW Entertainment President David Ozer said “We could not have dreamed of a better choice than Ian Somerhalder to bring his keen understanding of this genre from his years of starring in ‘The

Vampire Diaries’ to lead the cast of ‘V-Wars’ as Dr. Luther Swann and to be a creative force on this series, as well as to serve as a director this season. We are thrilled to partner with Netflix to bring the multifaceted world that Jonathan Maberry created to audiences worldwide.”

This isn’t the first property to get adapted from IDW. They also have shows on SyFy with “Wynonna Earp” and BBC America with “Holistic Detective.”

CEO of IDW Entertainment Ted Adams said: “We’re very happy to see this deal happen because ‘V-Wars’ is the series that got IDW Entertainment off the ground.”

IDW also shopped around a pilot for “Locke and Key” another adaption from the graphic novel. Recently, Netflix’s streaming rival, Hulu, passed on the pilot. The pilot will still be shipped around to other networks or streaming services like Amazon Prime.

Netflix original programming has gone more expansive with the Marvel shows



Ian Somerhalder to star in new Netflix Drama, V-Wars”

and Emmy winning shows like “Orange is the New Black” and “Stranger Things.” They’ve spent over 8 million dollars

for programming alone. With “V-Wars,” Netflix will now add another show to the ever expand library they have.

“Riverdale” The Musical - A Night They’ll Never Forget

By ELIZABETH VALENTIN
Arts Editor

Two dark depictions of high school were mashed together this week when “Riverdale” showcased the students’ rendition of “Carrie: The Musical.” The episode showcased the musical talent of all of the cast who sang and danced on screen and on stage throughout the entire episode.

In the performance, based on Stephen King’s Novel “Carrie,” Betty plays the role of good girl Sue Snell and Archie plays her boyfriend and boy next door Tommy Ross. Veronica plays the role of bad girl Chris Hargensen and Chuck plays her boyfriend and bad boy Billy Nolan.

There is also a “Phantom of the Opera” aspect to this episode, when Cheryl is cast to play Carrie White. Kevin, who is producing the show, received a note written in cut



Camila Mendes, Cole Sprouse, and Ashleigh Murray star in Riverdale

up magazine letters from an unknown source, telling him to recast the role of Carrie and if he did not do so that he would see consequences.

When Kevin does not recast the role, thinking that the note was a prank, a sandbag almost falls onto Cheryl during a rehearsal. This is what convinces Kevin that whoever wrote this is the real deal and that the threat was very much true. Ultimately, he

recasts Midge as Carrie.

While most of the “Riverdale” cast was excited for this episode, one cast member was noticeably not musically vocal throughout the episode. Jughead had the role of creating a documentary about the production process of the show, leaving him with only spoken lines.

Elite Daily reported in an interview with multiple cast members that Cole Sprouse,

who plays Jughead Jones, was the least excited about the musical episode.

In the past Sprouse has made his thoughts on singing vocal. In one tweet from 2013, Sprouse said “Are @dylansprouse and I the only Disney stars who didn’t pursue a singing career? #StillTimeForOurOompaBand #Sprouse.”

Lili Reinhart, who plays Betty Cooper on the show, said in the interview with Elite Daily that “Cole refused to sing or dance. He immediately was horrified. But he’s not involved in the singing or dancing parts.”

Camila Mendes, who plays Veronica Lodge on the show, said in her interview with Elite Daily “He just hates musicals... That worked out for him. I really like what they did with Jughead’s narrative in this, they fit him into this very well.”

In part because of Jughead’s lack of musical perfor-

mance, this episode felt extremely natural. As someone who has watched several interviews and videos where the cast interacts with one another, this episode felt more like watching the cast be themselves, than it did watching them play their characters.

Despite the upbeat music and fun dance routines, the episode was able to maintain that eerie and dark feel through the letters that Kevin was receiving. The show also did this through Cheryl, who found her old self again. She reverts to the Cheryl who would burn down the Blossom manor and cut off her mother’s oxygen supply in previous episodes, as she channels her inner Carrie to make the statement that she is back.

This episode also features the return of a specific villain makes their presence known with a bold statement at the very end of the episode, which leaves the audience for the musical mortified.

Tuesday April 24, 2018

Melancholy in a Mad World: A Review of A Perfect Circle's "Eat the Elephant"

By TJ GIBSON
Staff Writer

How does one eat an elephant? Well, if the age-old aphorism is to be believed, one bite at a time. So, with that in mind, how does a band who has been away for nearly a decade and a half tackle the mammoth task of crafting a comeback album worthy of their discography? Much the same, really. And thankfully, A Perfect Circle knows this. As one of the bonafide staples of 2000s hard rock, singer Maynard James Keenan's (also, notably, of Tool fame) A Perfect Circle has been a sorely missed entity among genre compatriots in the fourteen years since its previous full-length release, 2004's mostly-covers political escapade, "eMOTIVE."

With the world a much different place now than it was then, fans have understandably approached this release with an air of apprehension, worried that the group's simultaneously introspective and socially-charged rhetoric wouldn't translate to today. To their (and my) pleasant surprise, this isn't the case. Not only does "Eat the Elephant" play well as a striking sociopolitical manifesto, but it is also simply a downright pleasure to listen to from top-to-bottom. Though no doubt a sharp stylistic departure from previous releases in more ways than one, the change is both refreshing and welcome. Thus, with that being said, let's get right into it.

We start out with the coffee shop indie-esque "Eat the Elephant," which quickly establishes itself as the perfect title track in its subtly metaphorical references to the daunting creation of the comeback album itself ("crippling undertaking," "where to begin eludes me," "just take the step," etc.), as well as its blunt establishment of the somber tone that will saturate the rest of the proceedings. Indeed, "Eat the Elephant" strikes the listener as equal parts strange and yet somehow effective, in spite of — or perhaps, because of — its intriguing blend of mellow and melancholy. This is a good thing because the rest of the album will be no different.

Following on that is the entrancing and atmospheric "Disillusioned," in which Keenan begins his socio-political commentary by condemning us as "addicts of the immediate," of things that "keep

us obedient and unaware," such as our smartphones and beloved social media. While this is a message that is admittedly a little broken in by this point, the band seems to be well aware of that, and thus focuses on simply making their delivery of it as powerful and inspiring as possible. The main reason why this song is so powerful, though, has less to do with the lyrics and more to do with the composition as a whole. For example, the band utilizes dynamics flawlessly on this

song, with the few quieter passages effectively complimenting the louder ones so as to crest the momentum just right.

Next, we move out of the sociopolitical and into just the straight-up political, as Keenan takes a moment to reflect on a Trump-led America in "The Contrarian." While the song never feels quite sad *per se*, it does come off as reflective and perhaps even sorrowful in regards to our current state, with Keenan reminding us of the nature of the man we've so recklessly put into power. "Within everyone, a scale, a voice," cries Keenan, "everyone but him." This, of course, may put off the Trump supporters among the APC fanbase, but it feels like something that still needs to be said. Plus, Keenan has never been one to shy away from controversial positions.

"The Doomed" is the perfect example of this. Over haunting keys and thick guitar riffs, Keenan bluntly asserts the fact that, as seemingly no one is willing to help his fellow man anymore, we are back to a survival of the fittest, every-man-for-himself environment. Keenan insists that, in this brave new world, the "rich," "envious," and "gluttonous" are blessed, while the "pious," "pure of heart," and "peaceful" are doomed. And how does the singer feel about that? "F*ck the doomed, you're on your own."

As we approach the midway point of the album, we're treated to the poppy and uncharacteristically major-keyed "So Long, and Thanks for All the Fish," which, though thoroughly unconventional, definitely doesn't let up the streak of wordy commentary established thus far. While "So Long" does briefly refrain from sociopolitical stuff to discuss the recent deaths of a few

pop culture icons such as Carrie Fisher and David Bowie, its main focus is planted firmly in its joyously nihilistic acceptance that the end of the world is definitely coming for us, our guns and our fancy water. It seems over-the-top out of context, but it actually works quite well as an almost Shakespearian display of comic relief among the relative bleakness of the other songs.

Channeling a bit of the classic APC aggression while still remaining fairly stripped down and moody, drum and piano driven track, "TalkTalk" laments on the comical futility of statements like "thoughts and prayers" made in the wake of tragedies. The song points out that if one really wanted to help, they would be too busy doing so to waste time posting on social media. In a simultaneous condemnation and call-to-action for the bleeding hearts and hashtag activists alike, Keenan reminds us with immediacy in his voice: "don't be the problem, be the solu-

tion." It's a message as old as time, but no less imperative in today's world.

The next and oldest track in the bunch (an earlier version was already released as a one-off single in 2013), "By and Down the River" predictably has the most in common both sonically and thematically with the group's earlier works. To its credit, this trait suits the poignant track just fine. With the absolutely gorgeous interplay between guitar and piano here creating the perfect bed for Keenan to lay his Zepelin-esque croons and cries upon, this track easily earns a claim as one of the album's major standouts.

Following that is "Delicious," which is perhaps the weakest link in the tracklist, though still not all that bad. While its execution is a little heavy-handed at times ("not unlike you to heedlessly hoist away your smug grenade, arrogant and insolent"), it's sufficiently catchy enough to work just fine, and besides,

it's as quickly forgiven as it is presented when it swiftly forays into the preceding instrumental interlude track, "DLB." Speaking of which, there's not really much to say about the two minute interlude, other than that it's a gorgeous and welcome reprieve that transitions its predecessor into the following track with a level of elegance typically reserved for the proggy exploits of Keenan's Tool. Given the next track's stylistic departure, though, this is a much-needed addition.

Second only to "The Contrarian" in its political overtones is "Hourglass," an alt-rock-meets-EDM bopper whose bass-heavy beats demand movement while Keenan unapologetically throws both sides to the wolves and all caution to the wind. No doubt, the listener should be well-acquainted with Keenan's candid commentary by this point in the collection, but it still comes off jarring — as it well should — when the singer



A Perfect Circle released their newest album "Eat the Elephant"

asserts that, in the end, both sides lose if the world ceases to exist. "No hope left in the hourglass," indeed.

Nearing the end is the crown jewel of "Elephant," the absolutely flawless "Feathers." I simply cannot overstate how good this song is. Though fans got a glimpse at its potential in earlier forms displayed during live performances last year, it is truly and fully realized here in all its lush piano, guitar, and cello glory — which somehow still don't even hold a candle to the top-notch performance of Keenan. As a middle-aged singer who has certainly mellowed out from his younger years of reckless abandon, it's refreshing to know that instead of trying to hold onto those days, Keenan instead opts to become more clever in his delivery, displaying a newfound level of naked vulnerability in the beautifully delivered melodies he sings.

The closing track, "Get the Lead Out," is refreshingly

unconventional (influenced in equal parts by both traditional Chinese music and modern indie pop), not to mention the perfect conclusion to the album's themes with "cry-me-a-river" lyrics such as "suck it up, buttercup" and "no time to coddle you" aimed squarely at today's youth. As thinly-veiled in its pot shots at Millennials as it is in its influence from Keenan's other, weirder project, "Puscifer," this tune is as infectious as it is irreverent. With a length of six minutes and forty seconds, it has no right to be nearly as catchy and consistently interesting as it is. And yet, like the rest of this excellent album, it doesn't care what it has the right to do; it just does it.

Thus, in conclusion, "Eat the Elephant" is a truly masterful return to form for one of modern rock music's true royalty — a comeback of epic proportions that most bands could only dream of. And while it's certainly a depart-

ture from what's come before, that's only to its benefit. After all, what "Elephant" may be lacking in the hard-rocking, wall-of-sound bombast of earlier efforts it more than makes up for in hauntingly beautiful atmosphere and unabashed sociopolitical commentary. Each song is a gorgeous display of earworm songwriting and an absolute joy to dissect lyrically, with repeated listens gloriously rewarded. Needless to say, A Perfect Circle is back with a vengeance, primed and ready to take the rock world over once more.

That being said, then, one has to wonder: could we be looking at the beginning of a new Maynard James Keenan renaissance after over a decade of comparative quiet? With his other main band, Tool, currently hard at work recording their own long-awaited comeback album, it certainly seems so. And as a fan of fearless music with something to say, I certainly hope so.

Scott Laudati's "Buffalo Bones" Video Captivates and Confuses

By ELIZABETH VALENTIN
Arts Editor

Scott Laudati is a New York writer, who has released a new collection of poems, one of which he created an accompanying video for.

The video for the poem "Buffalo Bones" features the voiceover of a woman, who is reciting the poem. It starts with a man in front of a television smoking a cigarette, while music begins to play to accompany the girl's narra-

tion of the poem.

The video then follows the same man out of his house and into the New York City train station. He travels into Times Square, where people are shown walking and smiling towards him. While the video shows the scenes in Times Square, it also flashes between this and images of him back in his home and clips where the man removes a postcard from his fridge.

Perhaps the strangest part of the video is the images of a person wearing a horse mask

sitting on the floor of room, making a banner that says "Bone House." This later is shown to be a flag, which a small gang of people congregate around and salute to.

While this video continues, the words of the poem and the music bleed into one another, which makes the words difficult to hear, but adds an effect that entrances the viewer.

This, overall, is a strange video, but not necessarily in a bad way. It creates an unconventional way to experi-

ence poetry and allows for a visual and audible expression of what the poem is trying to convey.

The poem itself is interesting and doesn't appear to be outright connected to the visuals. Despite this, the poem does reference shooting a gun at a random location on a map and going there. This can easily be connected to the postcard and the images of Times Square, which is a high tourist hub.

The poem also mentions the thawing of winter

and the blooming of spring. This is a positive and uplifting line from the poem, but is followed by "don't worry, eventually we all shiver in the sun." This is something that stands out and is pretty powerful to think about.

The poem overall is well written and captivating. The accompanying video is interesting in its own right. This poem and others written by Laudati can be found in his new book "Bone House," which is available for purchase.

Nixon v. Cuomo: A Hopeful Female Future in New York

By **KAYLA DEMICCO**
Staff Writer

For the New York State gubernatorial elections coming up later this year in November, it looks like current Governor Andrew Cuomo has some competition with Cynthia Nixon, former "Sex in the City" star and New York native.

Nixon is really serious about it. About a month ago, Nixon announced running for New York governor via Twitter saying, "I love New York, and today I'm announcing my candidacy for governor."

In NYMag, she said, "We're a deep-blue state. We're Democratic. I'm sure those people in Albany are doing the right thing and taking care of us."

According to NYPost, she is trying to avoid to be confused with former President Richard Nixon as she has already registered her campaign as "CynthiaforNewYork" (cynthiafornewyork.com).

The homepage for her website shows her performing tasks as an average New Yorker would and all of the most notable scenes around New York City. The section on her website entitled "Why I'm Running" says, "For the last 17 years, I've traveled across this

state to fight for better schools, LGBTQ equality, and women's health care, including the right to choose." She talks about how New York still has areas of inequality by talking about wages between women plus black and latino families and how they earn less than men.

"Sex in the City" co-star, Sarah Jessica Parker told People Magazine that she's excited for Nixon and how she's proud of her. She followed that statement by saying that she plans on endorsing Nixon's campaign.

Fox News has reported on the political action she has taken within her years of activism. She has been a huge advocate for public schools (which her and Cuomo have had disagreements with), breast cancer awareness, abortion rights and gay rights. These are among some of the issues that she holds close to home as an openly, bisexual woman who has graduated from a public school in her past.

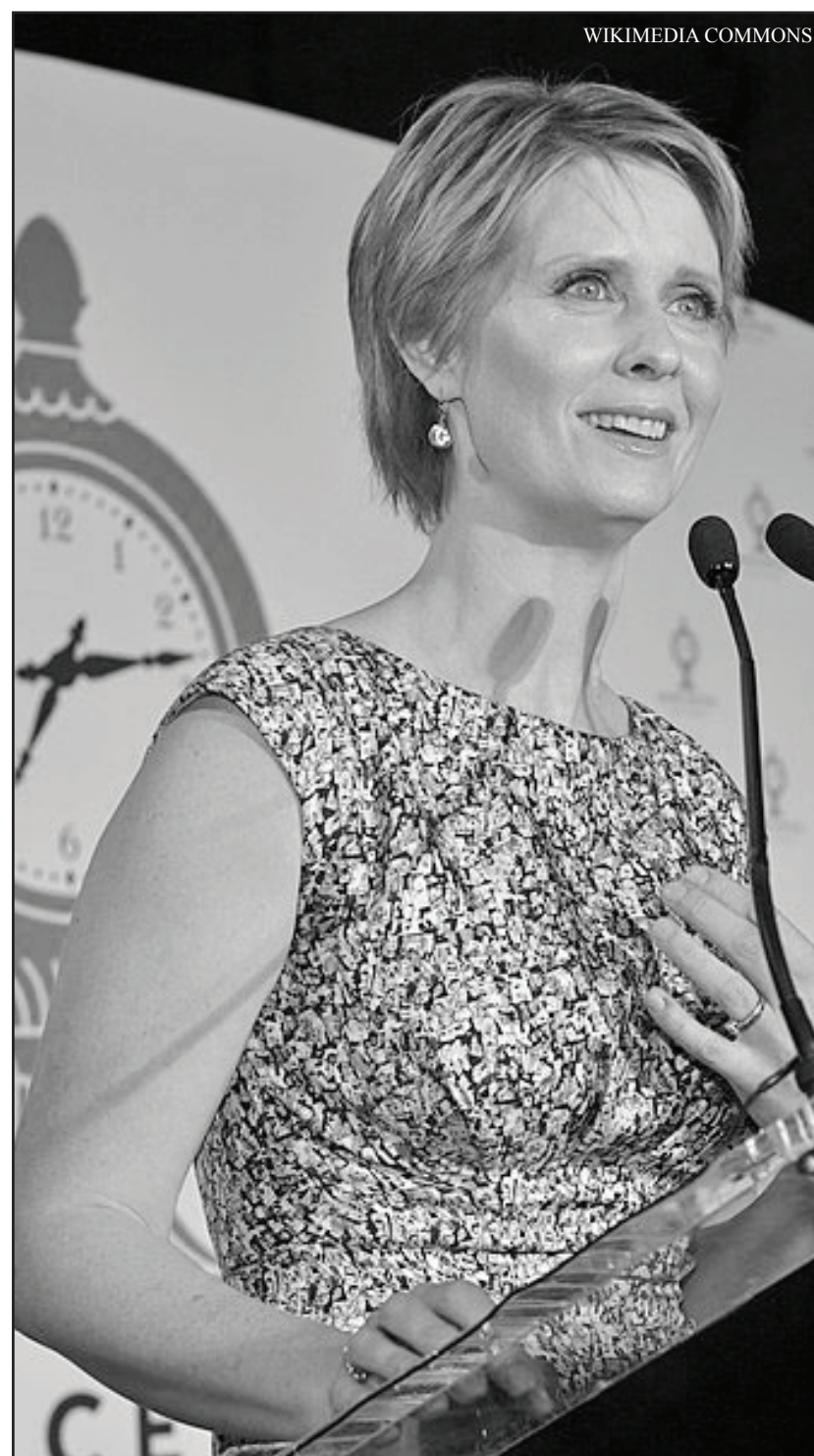
Despite being a Democrat, she told Wendy Williams on her show that Donald Trump's win in the 2016 election inspired her, she described it as her "wake up call," to run for Governor as it was "astounding."

On the show, she promised to tackle the relevant and urgent issues of infrastructure, what to do with gun control and legalizing marijuana.

New York Times is supportive of Nixon and saying that she can "Save The Democrats" as they are saddened by Hillary Clinton's loss and the downfall of Bernie Sanders in the primaries. Not being too enthusiastic about how New York politics are dealt with, they slam Cuomo on the "centrist" decisions he has made since 2010 and call him a sexist bully.

They say that the he only makes his progressive choices based on the activists that protest in fear of losing their support. Unlike Cuomo, Nixon is looking to support single-payer health care and stands with Sanders on putting more taxes on the rich.

Even though there is speculation going around that Cuomo might run for President in the 2020 election and he's definitely running for re-election later this year, I believe that Nixon has a pretty good chance of winning as long as liberals in New York that are looking for a change are registered to vote and actually show up at the polls.



Nixon announced her campaign for Governor of New York about a month ago.

Uber Expands With New Services

By **LAUREN KASZUBA**
Staff Writer

As a loyal Uber customer, it's quite exciting to hear that the company is expanding.

Uber, a ridesharing service, has been around since 2009 (then known as UberCab). Just recently, the company announced that they were expanding their services, including car rentals through a partnership with Getaround and bikes. They are also including services that will allow customers to pay and book tickets for buses and trains.

The car rentals will go through a feature named Uber Rent, allowing users to be able to find short-term car rentals through the Uber app. As for the bus and train tickets, Uber has partnered with Masabi, a public transit mobile ticketing platform. Users will be able to buy tickets for bus and train travel through the Uber app. The company does not have a set date for this particular feature, however.

Personally, when I first heard of this, I thought of all of these additions to be quite useful and I feel as if Uber will gain customers through this expansion. However, I am interested to see how well the features will work on through the app.

How reliable will this be? The company surely has some great ideas, but, one has to wonder if this will really end up working in the long run.

I travel frequently. In a more specific sense, I'm a frequent traveler on Amtrak, the main passenger rail service in the U.S. I also have been finding myself using the bus to get to New York City more often lately as it is a cheaper (but not the most reliable) option. I use Uber almost every time I need to get somewhere local these days, as I'm a transfer student whose hometown is three hours away and didn't bring a car to campus.

So, as a frequent traveler and Uber user, I find myself quite excited for these upcoming additions. However, I can't help but to question it's reliability. For example, I've had multiple problems in the past with e-tickets for travel on my phone. I never trust them enough and I always bring a paper copy of my ticket when I travel.

Maybe that's just me, though. I didn't mention that I have the worst luck when I'm traveling, did I?

Here's the thing - I'm not opposed to trying these features out at all. I will be more than happy to try them when they finally arrive and see if they are actually helpful to my ever so busy life. After all, unless I try it out for myself, I'll never know if they really work well or not.

So, here's to you, Uber. Hopefully these features will be as good as they sound.



Uber is looking to add some new features to their service, in addition to ride sharing and food delivery

Forgetting Your Dreams? Not Anymore

By **LAUREN KASZUBA**
Staff Writer

Have you ever had such a good dream that, well, you never wanted it to end? We probably all have. Most of us dream four to six times a night, but we forget 90 percent of our dreams just about ten minutes after they end.

Scientist Francis Krick wrote that “we dream to forget.” However, scientists around the globe are working to interpret the content of our dreams. In addition to this, Daniel Oldis, an independent dream researcher, is working with David M. Schnyer at the University of Texas at Austin to record the movement and

speech in our dreams.

You can’t tell me after reading that sentence that you aren’t even slightly interested in this concept. I had to read about the fact that they are actually researching something like this more than a few times to actually believe it. That is absolutely insane!

Sure, we all have those

dreams we just want to forget about, but how about the ones that are the ones we never want to forget? Meeting your favorite celebrity, going to your dream vacation spot? I know that I wish I could’ve gotten a recording of the dream where I actually had a decent career in the television industry and knew that I could pay my col-

lege debt off. What a dream that was!

Personally, this seems like an amazing idea. I’m all for this, quite frankly. If you don’t think this is a good idea, remember that there are scientists out there that are so close to being able to do this. You can’t tell me you wouldn’t even try it just once.

Basically, scientists record movement through an electro-myogram that measures nerve impulses to muscles while objects sleep. Even though you don’t move while you dream, nerve impulses still hit the muscles. Through this process, they are trying to pick up basic movements going on in a dream, such as walking or a hand shake.

Two students are used as subjects in each study.

As for deciphering speech, five or six electrodes would be placed on a participant’s lips and throat. Before a participant goes to sleep, each participant pronounces every phoneme (specific sounds in the English language) to record muscle patterns. This creates a template that can be used to determine what someone is saying in a dream.

Overall, I find this to be one of the most interesting pieces of scientific news I’ve heard this year. While the device probably has its flaws, it’s amazing that the scientific world has come this far to be able to do this. You never know where this could take us.



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Scientists are looking into ways that they can record individual’s dreams and have those dreams replayed when the individual wakes up.

A Woman’s Refusal To Sing The National Anthem

By **BRIANNA**
CARNEGIE
Staff Writer

A woman named Alisha Wolcott refused to sing the national anthem at the Reno Aces Nevada stadium before a baseball game because the minor league baseball team wouldn’t allow her to bring her gun.

According to Wolcott, she was bringing her gun to the stadium for protection and that she got her concealed weapons permit earlier this year.

She also stated that, She wears the gun or keeps it in a purse because she doesn’t feel safe walking at night in Reno.

It’s totally valid and she has the right to carry a gun around with a permit if she doesn’t feel safe walking around at night, but Wolcott doesn’t need to have her gun with her during a baseball game for a few reasons.

First, she is not walking around in the open where people have weapons because the stadium has metal detectors in place prior to entering. Second, all she had to do was sing a three minute song and then she could’ve left and got her gun back if she left so unprotected without it. Lastly, no one was violating her Second Amendment rights. The stadium was only following the rule that they’ve had in place since 2009. The stadium has always banned weapons and is now requiring everyone to be checked by metal detectors before entering



WIKIMEDIA COMMONS

Wolcott refused to sing the national anthem at a baseball game because she couldn’t have her gun with her.

In my opinion, not singing the national anthem at a baseball game because you didn’t want to give up your gun for a small amount of time is not having any respect for the national anthem.

Another reason she gave for not singing the national anthem was, “by taking away their right to self-protection, all you have done is made them more vulnerable to attack. You have fallen prey to the absurd idea that American citizens need only trust their government for

protection. This is indeed a lie and a blatant disregard for our constitutional rights.”

Since when is not allowing people to have weapons inside a stadium taking a person’s right to self-protection away? The last time I checked, people don’t need to have weapons inside a stadium especially during a minor league baseball game.

Another thing, the company that runs the stadium have not left people more vulnerable to attack because they do

have security that are trained to protect people in case an attack does happen and there are also security cameras everywhere. So, no one is going to get away with “attacking” anyone at any stadium.

The company running this stadium have not fallen prey to the idea that only the government can protect them. If they truly believed this, why do they have metal detectors right outside their stadium that go off when someone has a concealed weapon in their pocket?

This company hasn’t lied to you lady, because why would have any reason too and also why would they want too? This company hasn’t ignored the people’s constitutional rights because if they had why have they banned weapons from their stadium since 2009. This rule is meant to protect everyone from getting seriously hurt from a concealed weapon. So, next time she might want to come up with a better reason as to why she refused to sing the national anthem.

Golden Knights Rundown

By DAVID MEISTER
Staff Writer

Starting off with softball, the Golden Knights were home last Wednesday for a doubleheader against the American International Yellow Jackets which they split, winning 9-0 and losing 11-2. In the win, Saint Rose scored four in the first and didn't look back. In that inning, junior Briana Bowen plated three with a bases clearing double.

In the fourth inning, freshman Ryane Brush belted out a two run home run to seal the deal. They looked ahead to a doubleheader on Saturday on the road against the Southern Connecticut State Owls where they were swept, losing both games 8-7 and 2-1. In game one, Saint Rose had a golden opportunity to take the win but the Owls pulled off a comeback in extra innings after being down 6-1 in the fifth inning. Bowen, Dana Nicoletti, and Taylor Solomon each went 3-4 in game one. The team is now 12-18 and with nine games left to go

on the season and will look to win later today on the road against the Yellow Jackets.

In baseball, Saint Rose was home to take on the 17th ranked Le Moyne Dolphins and they won a close one 3-2. The Golden Knights scored all three of their runs in the fifth inning. The pitching staff had a gem of a game. Starter Greg Musk went eight and two-thirds innings giving up two runs and striking out nine.

Senior Caleb Gregg came in to close it out and struck out the last Dolphins batter for the save. They looked to ride this momentum into a doubleheader on the road against the Pace Setters which they split, winning 7-2 and losing 11-0. Junior Nicolas Teitter led the offense in the win going 4-5 with four RBIs and a homerun. On the mound, junior Brandon Budlong went seven innings giving up two runs on six hits and striking out five. The Golden Knights are 14-16 with nine games left this year and will be taking on the Yellow Jackets tomorrow.

In lacrosse, the Golden

Knights were on the road on Wednesday against the Southern New Hampshire Penmen where they came out victorious 13-10. The game was all knotted up at ten apiece with about seven minutes left in the match before the Golden Knights scored three unanswered to take the win. Powering the offense on the day was sophomore Jordyn Marchiano with four goals and one assist. They looked to make it three wins in a row on Saturday against at home against the Franklin Pierce Ravens which they won a close one 10-8.

The game featured a school record. Senior Matt Graham became the all-time scoring leader with 133 points, passing class of 2015 graduate Kevin Fleming. Junior Carter Badour led the team with five goals on the day and Marchiano had another strong performance with three goals. The team is now 7-7 on the season with two games left to the season and will look to stretch their win streak to four today at home against the Saint Thom-

as Aquinas Spartans, game starts at 3 p.m.

In men's golf, Saint Rose had their season finale in Rhode Island at The Red National Classic where the team finished eighth out of ten teams. Top performers for Saint Rose included senior Brian Pesavento who finished in ninth place at +6. Behind him was senior Logan Ripley and sophomore Kyle Adams who both tied for forty-third at +19.

Finally in women's golf, Saint Rose was hosting their annual Spring Classic at the Pinehaven Country Club in Guilderland, the team finished third out of four teams. The team was led by sophomore Kendal Luis who finished tied for 12th at +19. Behind her was fellow sophomore Ariel Chavana who finished tied for 15th at +20.



Write for Sports!

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Logan Ripley,
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Saint Rose Spring Classic Women's Golf Team Finishes Third

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