

# Men's Defense Too Much for Visiting Ravens

Golden Knights Blow Out Franklin Pierce 87-67

Women's BBall **D6** 

mounts epic comeback

**SPORTS** 

**D6** Meet the new Track / Field Coach: Reece Vega

By JONAS MILLER Co-Executive Editor

The Men's basketball team put on a show Saturday afternoon as they trounced the visiting Franklin Pierce Ravens 87-67 at the Daniel P. Nolan gymnasium.

The Golden Knights, led by five players putting up double-digit scoring numbers,

out-shot and out-rebounded five of eight shooting including Franklin Pierce, putting on a dominant show in front of the home crowd.

"We were patient and executed really well," said junior forward Jack Jones. "By taking our time on offense and getting good shots we were able to take them out of their game and make them play ours." Jones contributed 15 points on a trio of three-point buckets.

The Golden Knights leading scorer on Saturday was junior Mical-Ryan Boyd with 19, followed by senior Chris Dorgler, who had 17, and fellow senior Damon Coleman with 13. Junior Julian Lipinski chipped in 12 points while also leading Saint Rose in rebounds with nine.

The offensive flow the Golden Knights have found this year can be attributed to the amount of time this group of players has spent together over the last three years. With only one newcomer to the team, Saint Rose welcomed back an almost identical squad

> See MEN **D6**

**Volume LXXXV** 

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# Black Solidarity Event to be Held Tonight

Timeley Discussion on Inequality and Injustice Part of Week-Long MLK Celebration

By KATE PIERCE News Editor

Aiming to express unity and solidarity in striving for societal equality and justice Spectrum, the ALANA (African, Latino, Asian, and Native American) student union is hosting a "Black Solidarity Day" in memory of Martin Luther King Jr.

"Spectrum plans to have a timely discussion with the student body about the inequalities and injustices that are faced in our communities and our lives and discuss ways to bridge that gap to become a more united group of individuals," said Alquan Higgs, vice president of the group.

In addition to the discussion and various activities and presentations, members of Spectrum are requesting students and faculty to wear all black clothing as a symbol of solidarity and unity for the occasion.

"It's the first day back and it's an opportunity for us to not only show respect for an amazing leader, but a chance to be united, a chance to to gain knowledge, and an opportunity to get involved," said Alyssa Powell, the public relations officer for the student union.

The entire campus community is invited to attend the event. The name "Black Solidarity Day" was chosen to honor the historical and cultural significance of what the day stands for, but the student union hopes that students, faculty, and community members from all races and backgrounds are inspired to attend in order to provide their own unique input.

"I think remembering the work of Martin Luther King Jr. is more important than ever right now, not just on this campus but for our larger national community," said Powell. "With everything that has happened this past year with social injustices and politics, it's obvious we still have some work to do. I think keeping in mind his messages, which go way beyond just race, is a place to start and a way we can improve."

To Higgs, Martin Luther King Jr. Day means hope—hope for a brighter future with respect among all people with the teachings of King never being forgotten and his memory continuing to

"Martin Luther King Jr.'s legacy continues to be a catalyst for change and hope not only in America but throughout the entire world," said Higgs. "His dedication and passion for the equality for all people continues to inspire me and many others to be advocates and leaders in the fight for change and equality. His legacy will live on to give hope and faith and reassurance in a better tomorrow. This day celebrates and remembers a remarkable man, who changed the entire framework of this nation."

The federal holiday honoring King's birthday began shortly after his assassination in 1968, but was first observed in 1986 after President Ronald Reagan signed the holiday into law three years prior. The first year the holiday was observed in all 50 states was in 2000.

'When I think about Martin Luther King Jr.'s dream for our When: 8 p.m. Tues. Jan 17th Where: Standish A/B Who: All are Welcome

country—having a multiracial nation that is united, and there's equality, social justice, and peace, it reminds me of Spectrum's mission," said Powell.

"We are here to promote diversity on the Saint Rose Campus. We are the multicultural group and we want to improve our school," she said. "So for me, Martin Luther King Jr. Day is another opportunity to not just honor him but a reminder of the values he wanted to instill in our nation, it's a chance for me to reflect and emphasize Dr. King's messages."

Looking forward to February, Spectrum is planning several events in observance of Black History Month. Next month will host the student union's annual Black Expo, in which African-American culture is celebrated with a month-long series of events and discussions.

The Black Expo begins with the annual gospel night, followed by an open-mic/art appreciation night and ending with a highly anticipated fashion show. The weekly meetings at 8 p.m. on Tuesdays during the month will also be filled with activities and discussion geared toward the celebration of African-American culture.

For more information about these events or Spectrum, the AL-ANA student union, check out their Facebook page or email club president Lee-Mon Ryan or Higgs respectively at ryanl745@strose.

# **Spring Events Preview**

By JONAS MILLER

Co-Executive Editor

The end of the holiday season signals the beginning of the semester here at Saint Rose. In an attempt to provide some motivation to those of you who struggle getting started these first few weeks, here are a few things you can look forward to this spring.

### **Relay for Life**

Relay for Life is an annual event held nationwide that acts as one big fundraiser for those battling cancer.

This year's event is being planned by Saint Rose Relay Chairs Jenny Metzger and Jenna Hopper.

"Jenna and I are super excited for this year's event," Metzger said. "We've been planning since September and want to make this Relay the best it can be."

The event will take place on April 28 from 3 p.m. to 3 a.m. on the campus green. In years past, the event has run 7 p.m. to 7 a.m. but planners have seen a decline in attendance overnight, so an earlier time slot not only benefits the fundraiser, but the

See SPRING | A2

## **Stefanco Opposes Governors Free Tuition Initiative**

**By JONAS MILLER** Co-Executive Editor

In an interview with WAMC on Friday, College President Carolyn J. Stefanco publicly voiced her opposition to a recently proposed plan by NYS Governor Andrew Cuomo that would provide an opportunity for free tuition to state schools for certain qualified students across New York.

"Certainly we support the efforts of the Governor because we all want to make college affordable," Stefanco said. "We all want to make an opportunity for all New Yorkers to access higher education."

Stefanco continued by sug-

gesting that the existing plans should be expanded to include independent higher educational institutions across the state, saying the choice should still lie in the student's hands and that they should not be swayed by the idea

"I think higher education would be hurt and I think students would be hurt," Stefanco added. "American higher education is the envy of the world because of the fact we are so diverse."

When asked about the rising threat that student debt poses to many American families, Ste-

See FREE

# In Brief

## Midknight Eats Gets New Menu

For the new semester the menu for the late-night eatery has been updated. The new menu includes student favorites like boneless chicken wings and burgers along with staples like french fries and caesar salads.

Midnight Eats, located on the ground floor of Centennial Hall, opens at 7 p.m. and stays open until 11 p.m. from Sunday to Wednesday and until 1 a.m. from Thursday through Saturday. The dishes served

are intended to be take-out, but the location also includes a small lounge area. For any questions about the new menu, contact Mackenzie Mitchell at mitchellm124@strose.edu.

### Free Friday Skating at Empire State Plaza

Ice skaters of any experience level are welcome to skate for free at the Empire State Plaza. The rink is open everyday from 11 a.m - 8:00 p.m., weather permitting. The rink is closed daily from 3:00 pm - 4:00 pm for maintenance.

eryday for \$3 for children 12 and under and \$4 for adults. A photo ID is required to rent skates. Every Friday is free skate rental day, sponsored by Hannaford Supermarkets. A full-service snack bar is open

Skate rentals are available ev- Friday nights and weekends, and a skate lounge with lockers for personal items is available on the Plaza level.

> For more information, call 518-473-6299.

## **Ice Age Exhibit Comes to NYS Museum**

The New York State Museum opened a new exhibit last week - "Ice Ages." The exhibit features information and fossils from the several ice ages that have affected New York state. Gigantic glaciers, the course of rivers, widening valleys, and

rounding mountaintops are presented along with the creatures that would have inhabited New York at the time. Fossils are available of ice age mammals including mammoths, caribou, moose, and whales. The exhibit will be on display from now

through 2019. The museum is open from 9:30 a.m. to 5 p.m. every day of the week except Monday. Admission to the museum is free, with donations accepted and appreciated.

### **CDTA Presents New Fare Card**

Last Thursday the Capital District Transportation Association opened its new Navigator fare card to the general public. The new system uses cards that riders can load with money to buy rides from an online account. The card works as an extension of the account, so if it's

one and link it -- no money or pre-paid fares lost. Individual rides are \$1.30 with the Navigator card (20 cents less than cost with cash), and the system tracks the number of rides you take in a day, capping the total overall fare at \$3.90 (no more than a day pass at \$4). Money lost, riders can just get a new can be added to the account

online, over the phone, or in person. Those looking to get a Navigator card can do so in person by visiting the CDTA Customer Service Center at 85 Watervliet Ave, by phone by calling (518) 482-8822, or online by visiting nav.cdta.org.

## Dear Readers,

The Chronicle staff would like to welcome everyone back to campus! We hope you enjoyed your time off and that you're ready to work hard this semester.

As you may have noticed, we made some changes to our paper. No matter what anyone tells you, change is good! But, if for some reason you don't like the changes we've made, or you have suggestions to further improve our publication, stop by one of our weekly meetings and tell us all about it!

Meetings are held on Wednesdays at 4:30 in CCIM 119. The Communica-Itions building is located behind Massry and Heuther, adjacent to Morris st.

We would also like to remind everyone that ANYBODY can write for the Chronicle - you don't need any writing experience or a specific major to contrib-Lute. We welcome anyone and everyone, and we hope to see some new faces at our meetings this spring!

If you have any questions, or would like more information about what we do, feel free to contact any of the emails below!

Have a great first week of class,

Sincerely,

The Chronicle Staff

# Spring Preview

### SPRING...

students and faculty who put it on as well.

During the event there will be live music and live performances as well as different booths for campus organizations set up around the campus green.

Those who would like to participate can sign up individually or with a team. There is a \$10 registration fee and all the money raised will go directly to the American Cancer Society.

Metzger and Hopper have not yet disclosed the theme for this year's event, but noted that there would be a big reveal later on in the semester.

informa-For more tion, contact Jenny Metzger (metzgeri166@strose.edu) Jenna Hopper (hopperj918@) strose.edu).

#### **Dodgeball Madness**

One of the most popular annual events at Saint Rose, Dodgeball Madness is a dodgeball tournament held on spring advisement day. This spring, advisement day falls on March 21, and the event will start at 7 p.m. in the Daniel P. Nolan gymnasium on campus.

Registration for teams of 10 will be in February - only the first 10 teams to complete all necessary paperwork and sign up will be accepted. More info will be posted around campus as the semester goes on.

### **Semi-Formal**

A semesterly event put on by the Student Events Board, the name accurately portrays the event – a dance for students at the College usually held off campus. This semester's Semi will be held on March 31. More information, including the theme and location, will be posted as the semester goes on.

Students who wish to attend

can look forward to a night of dinner and dancing. Alcoholic beverages will be available for of-age students only. Included in the price of your ticket is a bus ride to and from the location, dinner, as well as any extra activities provided at the event. In Semi-Formals past there has been character drawing and photo booths.

#### **Overnight Trip**

Another event put on by the Student Events Board every spring semester, the overnight trip provides students an opportunity to travel to cities like Boston and Portland (destinations of trips past) for a night, as the title of the event suggest.

Students are given a chance to explore the given city that the trip brings them to that year and are also provided with guided entertainment in the form of tours or scavenger hunts, both things that have been done on previous trips.

The date and cost of the event have not yet been finalized by SEB, but the trip will most likely occur on a Saturday/ Sunday in early April, according to SEB President Rebecca Moyer.

In addition to these events, five dollar Regal movie tickets will be sold throughout the semester. Students may purchase one ticket per week and must present a valid student ID when purchasing their ticket. Tickets will be available for purchase anytime time during SEB office

Moyer is excited for the many different and unique events her chairs have planned for this semester.

"All of our events in the fall semester had great attendance, so we look forward to seeing the same growing attendance this semester," Moyer said.

# Tuition Opposition

### FREE...

fanco said that many in higher-ed institutions, both public and private, are very concerned about affordability.

"We're all working very hard to keep the costs of education as low as they can be," she added.

The President went on to suggest that instead of proposing a new plan, the state should simply expand one that was already in place. The Tuition Assistance Program, TAP, exists to aid students and their families in paying the high costs of continuing their education beyond high

"What I would prefer is if a program that has long been supported by the State of New

York...if more money would be funneled into that," Stefanco said. "That's a model where the students and their families...still have the power of making the decision about which educational institution is best for them."

She went on to say that if the plan is approved, Saint Rose would in no way change itself or its mission to reflect the competition posed by the large financial break provided by SUNY schools.

"Certainly we have to partner with the faculty to make sure that we're offering degrees that will support students on their life journeys," Stefanco said. "We're in education because we're committed to providing that transformational experience."

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### **Policies**

The Chronicle accepts Letters to the Editor from any party. We recommend that submissions not exceed 1000 words. Letters. columns, and cartoons published in this newspaper represent the

opinion of the author, not necessarily that of The Chronicle.

All articles, advertisements, and Letters to the Editor are due b 4 p.m. the Friday prior to publication.

# Fences: A New American Classic

# "Some People Build Fences To Keep People Out, and Other People Build Fences To Keep People In"

By AARON KREIN Arts Editor

Every awards season there are a handful of films that sweep across the board with critics and pundits that ultimately make it to Oscar gold. One of the films likely to do well when the nominations are announced on Jan. 24 is "Fences." It's based on the late playwright August Wilson's 1983 Pulitzer Prize-winning play about an African-American family in circa-1950s Pittsburgh.

Denzel Washington, who stars and directed the film, plays Troy Maxson, a middle-aged father with various issues like making sure his two sons behave and stay loyal to him. In the middle of this is his wife, Rose, played by Viola Davis, who eventually finds out a secret that turns the film upside down.

From seeing Troy doing right in with them and his The beginning, particularhis daily rounds as a waste collector to seeing how he deals with his high school senior son, Cory, who wants to make a career in sports, we see the kind of person Troy is from his eyes as well as others. By the end of the

film, despite the twisted many things this character does, it's hard not to like him based on Washington's superb delivery of Wilson's dialogue.

It is worth noting that the majority of the actors in this film are carried over from the 2010 Broadway revival.

It garnered Washington his first Tony while Davis went on to win her second. Jovan Adepo, one of the few actors new to the cast with the biggest portrayal, fits emotion towards his father, whether positive or negative, is something that hits the heart.

What this films nails at its core is the acting and its rising action of the movie, it chemistry. Being a classic play, each of the members of

"Many people who criticize this film believe that it suffers from feeling too much like a play and not feeling like a complete film adaptation."

> the Maxson family is written well and is developed thoroughly by the end.

> I left the theater knowing these characters well, particularly Troy and Rose, whom I'd eventually remember were in reality Washington and Davis.

> Many people who criticize this film believe that it suffers from feeling too much like a play and not feeling like a complete film adaptation.

> I understand this thought, considering there are many scenes where there are just characters talking for a long period of time in the same shot. However, I wouldn't say it's portrayed like a play

ly the opening scene, feels like a play and one may say that it's a nod to the original source material.

By the time we get to the does start to feel more like a movie with different shots

> and edits. This when happens the drama starts and part of me feels that this was done purposely.

If that is the case, I find it very clever since it really makes the film stand out from other stage-play-tofilm adaptations.

Although, one thing many people have agreed is that Davis completely owns this movie.

Washington certainly delivers one of the best performances of his career, but it's the support and sorrow of his wife Rose that melts your heart and has you rooting for her after she suffers a major plot twist. Granted, if you are familiar with Wilson's play, you know where that twist goes and Washington's direction of these actors executes it well.

Since switching her catthroughout the whole film. egory from leading to sup-

porting, Davis has won in a landslide in various critic forums and pre-cursors such as last week's Golden Globes. After two nominations for "Doubt" and "The Help," I'm happy to say it is very likely Davis will finally win her first Academy Award and it will be well deserved.

Lastly, the film hits all the marks for being considered a modern classic.

As stated = previously, the acting is top notch and the delivery at times is profound. In one particular scene, Davis delivers a line toward Washington in such a way that it was the best part of the movie.

It's the line you'll see people referencing in years to come- however, to reference it gives away much of the film.

When I left the theater, all I could think was "wow, I think I just saw a movie classic during its opening release."

With a lot of heart and respect put into this project to pay homage to Wilson, this film is a must-see theatrical release for those who like watching soon-tobe classics or the occasional "Oscar-bait" for contention.

## **Fallon Goes Off-**Script At The Globes

"I just got off the phone with Mariah Carey, and she thinks Dick Clark Productions sabotaged my monologue."

By JACKSON MURPHY Contributing Critic

"Tonight Show" host and Saint Rose graduate Jimmy Fallon hosted The 74th Annual Golden Globe Awards on NBC on Jan. 8. He followed fourtime host Ricky Gervais (2010-'12, '16) and pals Tina Fey and Amy Poehler (2013-'15).

The pre-taped opening number was fantastic - a spoof, tribute and homage to "La La Land," the dazzling musical that would earn a record-breaking seven Globes that night, winning all of the categories it was nominated in. Fallon's song and dance sequence featured friend Justin Timberlake, along with nominees Amy Adams, Ryan Reynolds, Nicole Kidman and the cast of "Stranger Things."

Fallon then entered the stage in the Beverly Hilton hotel to a ballroom filled with stars—and a big surprise. His opening line?

"Welcome to the Golden Globes. Already the teleprompter's down, so this is a great way to start the show." Forty-five seconds later (though it felt longer for viewers at home—and likely even longer for Fallon up on stage), a new prompter was brought in and Fallon began his monologue. Every third joke was political. My favorite part was when he did an impression of two-time Oscar host Chris Rock commenting on the success of miniseries "The People v. O.J. Simpson: American Crime Story."

Fallon returned on stage at the start of the second segment. "I just got off the phone with Mariah Carey, and she thinks Dick Clark Productions sabotaged my monologue." (Besides "New Year's Rockin' Eve," Dick Clark Productions

also produces The Globes.) This Fallon appearance, along with a few others during the first hour, likely weren't planned, as the show's announcer and production team noticeably had to make adjustments on the fly.

A trend of Gervais, Fey and Poehler during their stints, Fallon disappeared for more than an hour during the middle of the Globes, during which numerous awards were given out and Meryl Streep received the Cecil B. DeMille Lifetime Achievement Award. Many people online were wondering if Fallon had left the show for good, but he did come back a few times during the final segments.

For me, the biggest laughs of the night actually belonged to presenter Matt Damon, who joked about winning Best Actor in a Comedy last year for "The Martian," seeing as how that fact alone is funnier, literally, than anything in "The Martian." In addition, Steve Carell and Kristen Wiig did a bit on the first animated films they ever saw. It was absolutely hysterical. There has been some clamor online from those who want the pair to host the 2018 Globes.

As for Fallon, the teleprompter not working got him off to a rocky start, and other than the clean sweep by "La La Land," this is what the night will be most remembered for. Could Fallon come back next year? Yes. Twenty million viewers tuned in, up eight percent from last year, which NBC is certainly pleased with. But Fallon may choose to opt out, instead simply continuing to cruise along in late night he's a comfortable first place at 11:35—a gig he has through at least Fall 2021.

# **Drawn To Life**

Concept and Illustration By Katie Klimacek



# Gum

# Chronology, an American Legacy, a Chewable Compatriot

By TED STABILE Staff Writer

There are few concepts that can match the complexity and the enriched history of "gum." For as long as we can, or rather care to remember, chewing gum, bubble gum, gumballs and even the enticing sugar-free gum has reigned supreme as America's

origins of our waxy animal-fat infused "friend" (If the Big Pharma equivalent of gum will grant me the privilege to refer to it as such) trace back to the times of Ancient Greece.

Now of course there was no "Big Red" or "Dentyne Ice" at the time to fulfill the flavor void in the hearts of the many, but they initially were

favorite edible polymer. The content with merely squeezing the sap out of mastic trees, and hardening it into a simplistic chewable resin known as "Mastiche." The Mayans later adapted this method to into their own completely original formula of spruce tree sap squeezing, except the end product was a compact, more flavorful substance referred to as "chicle." However, like candles to streetlamps, and the horse to the hybrid, innovation was inevitable.

The later Native North Americans adopted the Mayan method, but it wouldn't remain their delectable secret for long. The first New England settlers were introduced to the concoction, and were instantly hooked on the tantalizing concept.

Thus began the domino effect of irrevocable innovation that has made the gum industry into the monopolistic sweet-treat superpower we know and love today. In 1848, the first instance of commercialized gum made its debut under the alias "State of Maine Pure Spruce Gum," sold and produced by the Curtis family.

While extremely basic and similar to the Native American formula, the economic potential of gum soon became the driving force behind several creative redesigns to it as now different gum base substitutes, such as plants, beeswax, and in some cases charcoal, were quickly attempting to replace the resin-based schematic.

There were even experiments with gum relating to dental hygiene; however, very few saw reasonable notoriety at the time, let alone success, so it goes with that seductress we know as capitalism.

In the early 1860s, after being introduced to a more refined chicle resource by Mexican president Antonio de Padua María Severino López de Santa Anna y Pérez de Lebrón, Thomas Adams initially patented and sold it as a substitute for rubber, which failed horribly. Adams soon modified his design by adding

artificial colors and flavors, his signature being licorice, and by the late 1860s sold it as regular "chewing gum," where it reversely became a huge success.

To quell the rising demand for the now-chewable celebrity, Adams invented and patented a machine that efficiently manufactured chewing gum, and dubbed his brand the creative title "Adams New York Chewing Gum," and later renamed it to "Black Jack," which literally promised "that good old licorice flavor."

Several years later, although different brands of gum were in circulation at this point, much like re-watching a classic film to the point it becomes stale, the people grew tired of a single sugar base in their ephermal gum sticks, and yearned for a different, more complex variety. Thus lead to the creation of "synthetic" gums, which replaced

See GUM

**C5** 

# 10 Tips: Staying on Track This Semester

By ALEXA BATTISTA Contributing Writer

Well, here we are. Back for another semester after an entire month off from even thinking about school. Getting back into the swing of things is always tough.

For some, it can be difficult to get motivated, and for others it can be difficult to stay motivated. But have no fear, here are some tips to make this spring semester a little less hectic.

#### 1. Get yourself a planner

Personally, I was against getting a planner for a while. It just sat there on my desk, useless, because I always forgot to write in it. Finally, I realized I needed a new way to get organized. Nothing like getting a fresh new planner for the new year to keep yourself on track. Get some fun pens to make more exciting!

### 2. Plan ahead for big assignments and papers.

When your professors say, "You should begin this assignment immediately," listen to them! They are there to help you succeed, not make your life miserable, I promise. This will make it a lot easier to finish the assignment before its due date and most likely prevent you from pulling an all-nighter.

### 3. Find a designated workspace

Let's face it, basically no one enjoys going to the library. However, we all know it can be almost impossible to get work done at home where there's a TV, a bed, and snacks. If the library or your home isn't the best place for you to get work done, find another space! Try a common area on campus. If you have transportation, try a local coffee shop.

### 4. Take breaks

Once the mentality of school kicks in, it is difficult to get that one assignment you know you have due out of your mind. Always remember that your mental health is more important than your schoolwork. Do whatever you do best to release stress and give yourself a mental break. If you don't know what to do to give yourself a mental break, the possibilities are endless. Coloring is a great way to relax your mind. Yoga is a great way to relax your body and mind.

#### 5. Get yourself a study buddy

Find someone in your classes, or even a friend of yours to work on assignments with. Working alone all of the time is an easy way to drive yourself insane. Having a study buddy allows you to find another perspective on an assignment you have, and make you less lonely.

#### 6. Turn off your social media while you're working

I know, it's like quitting cold turkey. But it's only temporary! You can check your Instagram and tweet about how much you hate college after your assignment is completed.

### 7. Sleep.

We as college students are pretty much invincible. Think about it: we stay up all night, your responsibilities seem overload on caffeine, and still find time for a social life and any other extra curricular activities. However, getting a good night's sleep is crucial for your concentration. If you are feeling drowsy before beginning a task, take a power nap. I don't mean sleep for two hours, I mean no more than 20 minutes to give your body the energy boost it needs to complete a task.

#### 8. Look over your notes after class.

Reviewing the material you learned during your classes will ensure that you've gained understanding of it. This will benefit you in the long run when you're studying for an

#### 9. Take advantage of office hours.

Professors have them for a reason! They are always willing to help. If you feel like some material is rocky, make an appointment. Your professor will review your notes with you so you don't lose track of classroom material.

### 10. Remember why you are doing this.

You are obviously here for a reason, and you want to work hard and succeed. Remind yourself what goals you are working towards and push yourself to achieve them. If you work hard, you will stay on track, and you will have a great semester.

"You Are Fake News" President-Elect Trump Makes a Mess of his First Official Press Conference **TAYLOR** FARNthat he will not be discuss-

**SWORTH** Staff Writer

By

On Jan. 10, President Barack Obama gave a heartfelt and teary-eyed farewell speech to the American people. The following day, President-Elect Donald Trump was on the defense during his first press conference since July 2016, after recent allegations leaked of ties between him and Russia.

President-Elect The talked in circles for over an hour vaguely about his plans to "repeal and replace" Obamacare, Russian hacking, his business, and the infamous wall. Not to mention the not-so-subtle remarks he made against Democrats, reporters, and Hillary Clinton throughout the entirety of the press conference.

Some of his statements were cause for continuous confusion and uncertainty of what to expect from a Trump presidency. With the inauguration taking place on Jan. 20, the American people would only hope to have had more clarity by now.

In an effort to diminish worry regarding conflicts of interest with his business and other countries during his presidency, stacks of files were laid in front of a table beside the podium during the conference. The stacks were mentioned and referenced by Trump's lawyer, Sheri Dillon, who announced that Trump will be handing over his business to his sons, Eric and Donald Jr.

"I could actually run my business, and run government at the same time," said Trump about why he was handing his business over to his sons, "but I don't wanna do that." He also claimed

ing the business with his two sons during his time in office, saying that his sons will have "complete and total control" over the business. How accurate that statement will actually be is unknown.

But what we do know is that the president-elect still refuses to release his tax returns. "The only ones who care about my tax returns are the reporters," said Trump after being questioned about releasing his tax returns. A recent poll from the Pew Research Center conducted this month showed that 60 percent of Americans still want Trump to release his taxes, while 33 percent claim he shouldn't have to.

Lawmakers in Hawaii and other states, including California, Massachusetts, and New Mexico, are now working on a bill that will only allow candidates to appear on their state's ballot who have released five years of their federal and state tax returns. This could be seen as a direct result of the president-elect not releasing his taxes, claiming it is because they are under audit, and believes that releasing them would compromise his negotiation position with the IRS. However, that does not mean he cannot release his taxes, he simply chooses not to.

Other frequently asked questions during the press conference focused primarily on Russian hacking.

"Do you honestly believe that Hillary would be tougher on Putin than me?" said Trump when asked about the recent Russian hackings. "Does anyone in this room honestly believe that? Give me a break." It's hard to tell if Trump will be "tougher" on Putin con-

sidering the only comment he made regarding what he would say to Putin about the topic was, "He shouldn't be doing it, he won't be doing it. Russia will have much greater respect for our country when I'm leading it than when other people have lead it." The lack of explanation leaves little clarity on just how "tougher" he will be on Putin than others.

One thing is for certain: Trump refuses to acknowledge Russia's hacking without making it a point to blame other countries as well.

"The United States is hacked by everybody," said Trump. "That includes Russia, and China, and everybody." But the question isn't about "everybody," the question is about Russia.

After over an hour of watching the television screen waiting for something of substance to come out of the president-elect's mouth, it is no surprise as to why Trump waited months before having another press conference. Despite the hope that this would alleviate concerns regarding his business, Russia, "repeal and replace," and other related topics, I feel as if we have only more questions than we do answers.

I can only hope future press conferences don't end with more temper tantrums and flareups between himself and reporters, and that the American people are left with a better understanding of what exactly a Trump presidency will bring.

Want to write for Opinion? Contact Opinions Editor Kyle Pratt at prattk165@strose.edu.

# A New Kind of Stupid

## Why We Need ObamaCare Now More than Ever

By ALEX PECHA
Staff Writer

Republicans have invented a new kind of stupid. For six, nearly seven years they have done almost nothing but rail and rally against the Affordable Care Act for being socialist, ineffective, implemented by Hitler 2.0 and much more. Many candidates ran on the platform of "Repeal the ACA" and have essentially become the party of "We'll take down the ACA" instead of the values they once stood for.

So with six years of time to plan and prepare for the day they might be able to take down the ACA, why is it that with their recent takeover of the US government on almost all levels except Judicial (that will be in a few weeks), they don't have anything ready to implement as they rip apart the ACA? Why is there no ready-to-go plan? Where is the alternative?

The right is so obsessed with dismantling the ACA for probably the stupidest reasons they don't even care who's caught in the crosshairs. There are millions of Americans who are currently enrolled with in-

surance under the ACA, what about them? Oh right, they don't matter. Whether a few poor people go bankrupt or die while Republicans sit around shaking hands and smiling at their accomplishment is pretty much irrelevant.

I can understand the concerns with the ACA, I truly can. The penalty for not enrolling can hurt at the end of the year and premiums have been going up around the nation. But people tend to forget that a lot of this is due to the right-wingers who voted against provisions in the law that would have prevented this. But even ignoring that, as it's in the past, why not work to fix the law instead of throwing the baby out with the bathwater?

The answer is simple: the right doesn't care. To them they've done nothing but rail against the ACA for six years now, they probably didn't even think they'd really have the chance to dismantle it, as we can see by the fact that they don't have a replacement ready. For them to keep their political promises to their constituents they have to kill the ACA as soon as they can so they can put it in the "win" category.

Speaking of their constituents, they're the ones who are going to be the hardest hit by this repeal. The elderly voter and the rural voter are about to get a rude awakening when they realize that the ACA covered a lot of things like Medicaid and the ability to get insurance with pre-existing conditions. I'm lucky enough that I can sit back and mostly be okay- my parents have good insurance, I'm young, and God willing I'll get a job after college where I can either afford insurance or get coverage through my company.

But not everyone is as lucky as me, and many millions of people are about to get life-saving treatments, important services and medicines ripped away, and a lot of those people voted for the very people about to do this to them.

Where's our ever-illustrious president-elect during all of this? Well, besides being the general buffoon he is, he's actually pushing for Congress to work faster at removing the ACA and to work on getting a replacement "shortly" after. Then again, knowing our genius president-elect he'll change his view on this

at 3 a.m. on Twitter. Though it doesn't surprise me that the man who literally has a bunch of buildings named after him doesn't understand that medicine is expensive.

This whole situation is really just truly baffling to me, how we have disregarded those in need so easily to "win." It's hard to find words besides expletives to describe this kind of boneheaded move, as well as the people who are pushing and supporting it.

This blatant disregard for those less fortunate and those in need seems to be beyond comprehension and a great example of how truly ignorant and unaware the citizens of our nation are of more complicated topics. Instead they just eat up buzz-words like "Obamacare" and how bad it is and how it's "socialist."

This isn't even going into how it's playing into the insurance industry's hands. They started moaning about not making enough money and we're going to roll over and give them exactly what they want, allowing them to extort and exploit people who need to go to the doctor. Because the poor 'wittle multi-billion dol-

lar insurance company wasn't making quite enough money.

In this Common Era, there is no good reason why a person should be afraid to go to the doctor's office because they can't afford it. People should not, under any circumstance, have to worry about whether they can afford to heal a broken limb or get a physical, much less survive completely treatable medical problems.

Alas, we are just seeing the opening shots of the Republican's perpetual war on common sense and common decency. Meanwhile the right is constantly telling us on the left to "calm down" and to "just give this a chance" as always, even though every sign points to disaster for those who can't afford disaster.

As I said, the Republicans have had years to come up with an alternative; they have had years to find a better way. They didn't, but they're going to rip down the ACA for cheap political points anyway, and hopefully, maybe, eventually, come up with a replacement. People don't matter, the sick don't matter, the dying don't matter. Just as long as we're not socialist. That would be bad.

# GUM contd; Just Keep Chewing



## GUM...

the now trite chicle base with new, innovative bases, such as styrene-butadiene and several other rubbers, copolymers and waxes, but chicle itself would stubbornly persevere as a semi-predominate sugar-base figurehead, hanging on the coattails of its successors even to the present day.

Decades later, in 1928, Walter Diemer mustered the audacity to challenge the chewable candy regime, dominated solely by the smothering artificial "chewing gum." Diemrr syndicated a creation that shook the very foundation of the now gum-centric world: the illustrious, game-changing "bubble gum."

Several others before Mr. Diemer thrived to achieve what he envisioned, but were met with both crippling limitations and fruitless trials and errors. Now that Diemer had brought his vision to life, bubble gum began its own rise to

tender, chewable fame, granting all gum-chewers an experience they'd never believe could come to fruition: taking wads of chewed polymers, and blowing them into complete glorious, albeit ephemeral, bubbles.

The first distinguished bubble gum brand came from the very company Diemer was currently employed, Fleer Chewing Gum, which transfigured into the proud manufacturer of Dubble Bubble. (The original recipe was already in circulation under the label "Blibber Blubber," but was fortunately perfected and renamed by Diemer himself.)

With the introduction of bubble gum and chewing gum to the masses, the horizon of potential gum innovation broadened to near-limitless, giving several companies and key creators the divine opportunity to begin the construction of the modern day gum brands, both bubbly and chewy, sugar infused and sugar free, enjoyed by the vast

gums and teeth alike of people across the globe. Yet there reigned a sole question on the minds of several gum enthusiasts nationwide: "What's the difference?"

Anyone who still believes that the two were the same should kneel and praise God for living in a world where ignorance of that scale doesn't warrant a firing squad. The distinctions between chewing gum and bubble gum are undeniably many.

The first noticeable difference was that bubble gum reigned supreme in the bubble blowing department, and for obvious reasons. Chewing gum, however, was noted by youths and elderly of America as retaining its taste longer than its new "bubbly"

slap-dash Crybaby gum that only rolls its surface in sour powder like a chinchilla in sand. This type of gumball is hollow at its core, but in place of a chewy heart it fills itself up with sour particles like a powder keg.

This brand of gum is the bona-fide definition of audacious, but like most stars there are the weak and common that would drag it down. As a young boy I fondly remember this brand of gum neatly packaged with its inferior Crybaby brothers at stores everywhere, even at pharmacies. Now it seems, however, the brand has been excommunicated and unjustly taken off shelves. Perhaps it was for health concerns, but I find that to be another example of the sensitive

# "No matter how sticky life gets, just keep chewing."

competitor. While the intended purpose of both parties remained largely the same, the individual components of the sugar bases in each were quite contrasting.

Chewing gum retained its primary bases of endearing chicle, copolymers and waxes, while bubblegum took a different approach by having its bases chiefly comprised of ethyl methylphenylgycidate while also relying on an intense assortment of artificial flavoring to distinguish each brand as its own.

On a side note, there is a special brand of gumball that is very precious and brave known as "sour filled" gumballs. I'm not referencing the

few (probably their sensitive tongues in this instance) ruining a good thing for many.

To pour sour powder into the wound, niche candy companies and scalpers have profited off this gumball genocide by hiking prices of sour-filled gumballs to new heights online, whereas the Crybaby prices have been steady, if not content in its own stagnation. The full, ongoing, Shakespearian tragedy of sour powder gumball is a story for another day

Our final noteworthy harbinger of chewable delicacy combined both "chew" and "bubble" in his brew, and with his heavy product production and practically ubiquitous, Orwellian-esque advertizing, he personally catapulted the already impressive popularity of the candy (if it could even be labeled such- compared to the other riffraff and mockeries of the day passed off as "candies," gum was clearly a league of its own at this point) into the treasured national pastime status it relishes in today; present in every home, every store, and every heart.

I'm of course referring to the great, late William Wrigley Junior, the hero gum needed, but didn't deserve. Wrigley began his legacy as a gum distributor with the oldbut-gold "Wrigley Spearmint Gum" in the early 20th century. Before his time and even after, other manufacturers and competitors would create their own original gums and gum flavors, such as gumballs, gumcubes, and even meshed goods that had the moxie to combine gum with other "treats," such as lollipops and jawbreakers.

However, Wrigley's company, appropriately referred to as Wrigley's, would singlehandedly create several of the world's famous brands of gum, ranging from the tanginess of "Juicy Fruit," the unrelenting chill of the amentioned "Dentyne Ice," its contrasting "Big Red," the several types of "Extra" gum brands, and almost every modern day chewable bubbly cohort thereafter.

Thus encapsulates the current tale of the evolution of both a world-renowned succulent adhesive, and an icon. An icon that dares to state: "No matter how sticky life gets, just keep on chewing."

# Golden Knights Overcome 20-Point Deficit in 68-67 Win

Nazon Hits Last-Second Shot; Vanderwall Leads Way With 19 Points

By JONAS MILLER Co-Executive Editor

On the back of five 3-pointers from sophomore Ashley Vanderwall, the Saint Rose women's basketball team mounted a comeback for the ages as they upended the last place Ravens of Franklin Pierce 68-67 on Saturday afternoon.

Going into halftime, the Golden Knights (5-5, 10-6) were down 19 points - with 3.3 seconds left in the game, senior guard Taylor Nazon got a layup to fall, putting Saint Rose up by one in what proved to be the game winning shot.

The Ravens (0-10, 2-13) put up a fight, showing an un-ter they were in the first half,"

derdog mentality right from Haag said. "We were out-rethe start. They ran a full court press defense for the entirety of the first half in attempt to force some early mistakes.

As both teams went to the locker rooms after the second quarter, their strategy seemed to be paying off. Not only did Franklin Pierce dominate the paint in the first half, an area usually controlled by the Golden Knights, they held Saint Rose to just a 26 percent field goal percentage through the first two quarters.

In the locker room, head coach Karen Haag didn't mince words when speaking to her team

"I told them how lacklus-

bounded, out-hustled, and outplayed."

Haag said she told her players they needed to better control the post and get to the rim more often if they wanted to have a chance in the second half. Apparently, they heard

In the third quarter alone, the Golden Knights had 12 rebounds - in the entire first half, they had 13.

At the beginning of the second half, the offense began to click right away as Vanderwall knocked down back to back threes, quickly cutting the Franklin Pierce lead to 13, and forcing the Ravens to call and early timeout.

"My teammates did a good job finding me when I was open," Vanderwall said. "I knew I had to knock them down in order to get us back into the game."

After cutting the deficit to seven, the Golden Knights kept rolling in the fourth quarter. Nazone found 10 of her 16 points in the final 10 minutes, including the game winner, and senior Staci Barrett cleaned up the glass for Saint Rose, amassing nine of her 10 rebounds in the second half.

The Golden Knights will take on Merrimack at home on Wednesday, and both Haag and Vanderwall see obvious improvements that need to be made.

"We need to do a better job on rebounding but I can tell our team is starting to click," Vanderwall said. This was echoed by Haag.

"It's taken us awhile to mesh," Haag said. "We will be stressing rebounding and defense as we always do in preparation for Wednesday's game."

The game will start at 5:30 on Wednesday night in the Daniel P. Nolan gymnasium at The College of Saint Rose.

For more information on the Women's Basketball team and the rest of the Saint Rose athletic department, visit www. gogoldenknights.com

# Men's Team Shows No Mercy Against Ravens

### MEN...

from last year which, according to Jones, has made it easy to find success.

"We've had the same group of core guys for three years now," Jones said. "That

provides a whole new level of comfort and trust in eachoth-

Trust each other they do, with assists coming on 19 of the team's 33 buckets.

The game was never close, as the Golden Knights needed only ten minutes of playing time to build up a double-digit lead. Dorgler ended the first half for the Golden Knights with an exclamation point, getting a layup to fall as time expired. Saint Rose took an 11-point lead into the locker room, leading 47-36 at the

The second half brought more of the same. Saint Rose dominated both sides of the ball, shooting 50 percent from the field and forcing seven Franklin Pierce turnovers that included three traveling violations.

Coach Brian Beaury. "The more we achieve, the easier mission of winning."

Saint Rose improved their record to a conference-best

15-4, beating a Franklin Pierce team that sat second in the Northeast division going into Saturday's contest. This is by far one of the most talented teams Coach Beaury has had in his 31-year tenure, but he makes sure to keep himself and the team focused and ready.

"I used to be in search of something that's impossible," Beaury said. "We've coined the phrase 'perfect is the enemy."

He said he never wants perfect shots from his players, he wants good shots.

"Trying to take perfection out of the game takes some pressure off of the players," Beaury continued. "It's a quick game, you've got to learn to react."

The Golden Knights will take on Merrimack on Wednes-"Every game, we set up day at 7:30 in the second half process goals," said Head of a double header inside Daniel P. Nolan gymnasium.

For more information on it is for us to accomplish the the Men's Basketball team and the rest of the Saint Rose athletic department, visit www. gogoldenknights.com



Damon Coleman helped lead the way scoring-wise with 13 points in the Golden Knights' 20-point victory over Franklin Pierce University

# Faster. Better. Stronger.

# New Head Coach Hopes to Bring Life to Golden Knight Track and Field Program

By JONAS MILLER Co-Executive Editor

A new member of the Saint Rose track and field team will lace up his sneakers with the rest of the squad this spring, but he won't be running in any

Reece Vega will begin his tenure as the new head coach at Saint Rose after holding the same position at Graceland University for the last four years.

He brings with All-American experience dating back to his days as a runner at North Dakota State University, and he hopes his past successes will make the trip with him from the Midwest to the Northeast.

"We are excited to have Coach Vega join our staff and take on the leadership role for our men's and women's track & field program," said Saint Rose Athletic Director Kathy Haker. "Reece has shown proven success as a recruiter and also in developing potential in his team members,



Reece Vega, 33, began his tenure as Head Coach at Saint Rose on January 13.

while stressing academic success as a core value."

Vega said his parents are to thank for pushing him to become an athlete. He once imagined himself owning his own business, but decided to focus his life on running and coaching because of the support his parents gave him growing up.

"You always want to bring it back to your parents," Vega

said. "They're the ones that pushed me into [running]. They've always been there to support me."

During his days as a student-athlete, Vega set school records in multiple events, spending most of his career on the distance running side of the sport.

Before becoming the head honcho at Graceland, Vega held an assistant coaching position at Minot State University in North Dakota where he oversaw 15 NAIA National Qualifiers, an All-American and multiple school-record-breaking runners.

Hailing from St. Charles, Minnesota, cold weather has always been a part of Vega's life. The young coach said making the move to the northeast should be an easy one when it comes to how he trains himself and his runners.

"I've had runners come back with frost on their face," Vega said. "Not that I like it, but I'm certainly used to the cold."

As a coach, Vega said he

takes a great interest in the methodology of running. He takes pride in knowing how the body works, and what runners can do to better prepare themselves for competition. He's currently working toward a second Master's degree in Sports Science, after previously earning a bachelor's and master's degree in business from NDSU.

As he began to coach more, Vega realized he wasn't learning anything new anymore, that's when he decided to go back to school.

"I'm trying to get deeper down into why certain workouts affect the body the way that they do," Vega said. "In the long run, it's going to make me a better coach."

Sophomore Rastafari Morgan, an up-and-coming distance runner, thinks Vega is the right person to take the Saint Rose program to the next level.

"He has what it takes to evolve the program," Morgan said. "Which will lead us in a new era of Saint Rose track

and field."

As for Vega's plans, he's simply excited for change.

"It's a new slate, a new atmosphere, there's a lot to be excited about here," Vega said.

He admitted to turning down several other positions before accepting the head job at Saint Rose, citing a search for the "right fit."

"The culture of the team was one of the many factors that made me choose Saint Rose," Vega said.

The Saint Rose Track and Field team kicked off their season on Saturday at the Pioneer Invitational and head to Villanova on Friday, Jan. 27 for the second contest of the year.

